



Mallow AC 200 sponsored by John Buckley Sports

www.mallowac.ie/mallow-ac-200-point-challenge/		Month	Jan	Jan	Jan	Jan	Feb	Feb	Feb	Feb	Mar	Mar	Mar	Mar	Mar	Apr	Apr	Apr	Apr	May	May	May	May	May	
		Races	Bandon 5	Munster Indoors	Dubai marathon	Kilnascully Marathon	Dungarvan 10 mile	Adare 10k	Eagle 5	Cross Country	Ballycotton 10	Mallow 10	Mallow 10 steward	Cork road champs	Marathon	AAI national 10k	Ballintotis 4 mile road	Munster road championships	Marathon	Galbally 4 mile	Kilmallock 5 mile	Middleton 5 mile road	Bweeng 10k / 5k	Ballyandreen 5	
www.johnbuckleysports.com/		Available points	10	10	50	50	20	13	10	20	20	20	35	12	50	20	8	12	50	8	10	10	13	10	
Name	Point total																								
Eamonn Nagle	125						20				20		35					50							
Peadar Lucey	120						20				20	20						50							10
Nick Darmody	120						20			20	20		35										13		
Caroline Kelly-Brophy	116						20			20			35	12				12				10	7		
Aisling O'Neill	111	10					20	13			20		35										13		
Paul Moloney	107		20							20	20			12				12			10		13		
Barry Murphy	106							13			20	20		12						8	10	10	13		
Michael Kilmartin	103						20		10		20		35							8				10	
Neil Holland	102						20				20		35								10	10	7		
Michael REA	101						20	13			20	20	35										13		
Sharon Woods	99									20	20		35	12				12							
John Hogan	99	10								20			35	12				12				10			
Pat Healy	95						20	13			20		35										7		
Pa Buckley	95												35					50						10	
Aoife Carroll	94						20				20	20		12										10	
Noel Daly	93										20		35											10	
Denis Sheehan	87						20				20		35	12			8							10	
Denis Cronin	87						20		10		20	20									10		7		
Helena O'Connor	86						20	13			20	20											13		
Jennifer Cronin	86						20	13			20	20											13		
Lisa Finn	86						20	13			20	20											13		
Ger Buckley	85				50								35												
Peadar Curtis	85												35												
Clive Aherne	85						20				20		35											10	
Liam Murphy	85						20				20		35								10				
Lorraine Bolster	84									20	20			12											
Kathleen Cronin	82								10		20		35					12							
Katherine Long	81						20	13			20		35								10		7		
Jackie Dempsey Bowen	80						20	13			20	20											7		
Christine O'Donovan	80										20		35					12					13		
Catherine O'Connor	76							13			20		35				8								
Darragh Wiley	75						20				20		35												
Denise O'Connor	75						20				20		35												
Lisa O'Leary Barrow	75						20				20		35												
Steve Murphy	75						20				20		35												
Adrian Fitch	73						20	13			20	20													
Mary Therese O'Flynn	73						20	13			20	20													
Paul CUSACK	73						20	13			20	20													
Shane Crowley	73						20	13			20	20													
Deirdre Glynn	73						20				20	20											13		
Eoghan McKernan	73						20				20	20											13		
Tracy Doody	73						20				20	20											13		
Colman O'Hanlon	70						20		10		20	20													
Helen Mehigan	68						20	13			20		35												
Aidan Buckley	68										20		35										13		
Claire Cosgrave	68										20		35										13		
John O'Sullivan	68						20						35										13		
Deirdre Hallihan	66						20	13			20	20											13		
Denise Cronin	66							13			20	20											13		
Vera Nagle	65	10					20				20		35												
Mary Carey	65										20	20						12					13		
Cliona Woulfe	63						20						35				8								
Valerie Garvey	63										20		35				8								
Ellen Dempsey	62										20		35										7		
Colm Sheehan	61							13					35										13		
Allan O'Callaghan	60						20				20	20													
Donough Barrow	60						20				20	20													
Jean Lynch McDonnell	60						20				20	20													
Kieran Horgan	60						20				20	20													
Patrick Daly	60						20				20	20													
Tom Connolly	60						20				20	20													
Stephen Creedon	60						20		10		20											10			
Barry O'Callaghan	55										20		35												
Dan Collins	55										20		35												
Eoin McGibney	55						20						35												
James Byrne	55										20		35												
Joan Ryan	55						20						35												
Shane Simcox	55												35	12											
Tony Murphy	55						20						35												
Carmel Nugent	53							13			20	20													
Daire O'Sullivan	53							13			20	20													
Donna Blighe	53						20	13					20												
Jerry O'Connell	53							13			20	20													
Kathleen Kelleher	53							13			20	20													
Kevin O'Donnell	53						20						20											13	
Donal Murphy	52										20	20		12											
Joanne McCann	52										20							12							
Lisa Guerin	52										20	20						12							
Michael Clancy	52						20					20		12											
John-Paul Buckley	50	10									20	20													
Finbarr Wall	48							13					35												
Tommy Sheehan	48							13					35												
Jerry O'Connell	48												35										13		
Siobhan Merritt	48												35										13		
Angela Sheehan	47												35	12											
Regina Cronin	47												35					12							
Collette O'Callaghan	47										20	20											7		
Dermot O'Sullivan	47	10							10			20											7		
Teresa Ryan	47										20	20													

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 Races <small>IRELAND'S NO.1 RUNNING SPECIALISTS</small>			Bandon 5	Munster Indoors	Dubai marathon	Kilnascully Marathon	Dungarvan 10 mile	Adare 10k	Eagle 5	Cross Country	Ballycotton 10	Mallow 10	Mallow 10 steward	Cork road champs	Marathon	AAI national 10k	Ballintotis 4 mile road	Munster road championships	Marathon	Galbally 4 mile	Kilmallock 5 mile	Midleton 5 mile road	Bweeng 10k / 5k	Ballyandreen 5	
		www.johnbuckleysports.com/	Available points	10	10	50	50	20	13	10	20	20	20	35	12	50	20	8	12	50	8	10	10	13	10
Name	Point total																								
Brendan McCarthy	40					20						20													
Esther Ring	40										20	20													
Ide KELLEHER	40											20													
Olivia Murphy	40					20						20													
Philip Carey	40										20	20													
Ruth Lehane	40					20						20													
Una Downes	40					20						20													
Adrian ryder	35												35												
Barbara lehane	35												35												
Eavan Sheahan	35												35												
Joann Crean	35												35												
John Holland	35												35												
Kevin Quilligan	35												35												
Shane Anglim	35												35												
Thomas Lucey	35												35												
Deirdre O'Regan	35												35												
Teresa O'Donovan	35												35												
Tom Daly	35												35												
Tina Daly	35												35												
John Robinson	35												35												
Anna Borowska	35												35												
Brian Ocallaghan	35												35												
Catriona Ryan	35												35												
Mags FITCH	33							13				20													
Denis Merritt	33											20												13	
Ger BUCKLEY (F)	33											20											13		
Gary RELIHAN	27					20																	7		
Antoinette MURPHY	20											20													
Brian DOODY	20											20													
Catherine CONROY	20											20													
David HOWELL	20											20													
Declan CRONIN	20											20													
George Murray	20					20																			
Gerard VOWLES	20											20													
Jen KENNY	20											20													
John KENNY	20											20													
Mairead GOGGIN	20											20													
Margaret MURPHY	20											20													
Meg Long Murphy	20					20																			
Niamh O'Brien	20											20													
Sean POWELL	20											20													
Siobhan MURPHY	20					20																			
Breda Murphy	13							13																	
Raymond BARROW	13																							13	
Derek O Flynn	13																							13	
AOIFE O Flynn	13																							13	
Michelle O Donoghue	13																							13	
Katherine O Donoghue	13																							13	
Tomas Lucey	13																							13	
Patryk Zajac	10																							10	
Lorna Fitzgerald	10																							10	
Dave Lyons	7																								7