

Results of Mallow 10 - March 25th 2018

Place	Forename	Surname	Cat	Club	Chip	Gun
1	Alan	O'SHEA	M	Bantry AC	00:51:48	00:51:48
2	Trevor	POWER	M35	Waterford AC	00:52:37	00:52:37
3	James	MCCARTHY	M	East Cork AC	00:53:04	00:53:04
4	Alan	O'BRIEN	M35	Eagle AC	00:53:08	00:53:08
5	Martin	DOODY	M40	Limerick AC	00:53:24	00:53:24
6	Colin	MERRIT	M45	Carraig Na bhfear AC	00:53:36	00:53:36
7	Tom	LUPTON	M	Portlaoise AC	00:53:54	00:53:54
8	Michael	MORGAN	M40	St Finbarrs AC	00:54:16	00:54:16
9	Jeremy	O'DONOVAN	M40	Eli Lilly	00:54:28	00:54:28
10	Eoin	SUGRUE	M45		00:54:50	00:54:50
11	Noel	MURPHY	M	Waterford AC	00:54:56	00:54:56
12	Kevin	O'LEARY	M	East Cork AC	00:54:56	00:54:57
13	Derek	GRIFFIN,	M	Tralee Harriers AC	00:55:19	00:55:19
14	Brian	KEARNEY	M35	Leevale AC	00:55:42	00:55:42
15	Cathal	O'CONNELL	M50	St Finbarrs AC	00:55:48	00:55:50
16	Eoin	DEVLIN	M	Civil Service AC	00:55:57	00:55:57
17	David	RYAN	M45	Clonmel AC	00:55:57	00:55:58
18	Michael	CORBETT	M40	St Finbarrs AC	00:56:09	00:56:09
19	Joe	CUNNINGHAM	M45	St Finbarrs AC	00:56:14	00:56:15
20	Cornelius	MARSHALL	M40	St Finbarrs AC	00:56:36	00:56:36
21	Alan	LEHANE	M35	St Finbarrs AC	00:56:40	00:56:40
22	Declan	GUINA	M	West Limerick AC	00:56:55	00:56:55
23	Mark	MCKENNA	M35	Waterford AC	00:57:04	00:57:04
24	Tommy	O'BRIEN	M40	An Riocht AC	00:57:08	00:57:09
25	Kieran	LEES	M35	Mooreabbey Milers	00:57:16	00:57:17
26	Mohamed	WAHBI	M	St Finbarrs AC	00:57:27	00:57:27
27	Kieran	MCKEOWN	M40	Watergrasshill AC	00:57:28	00:57:29
28	Brian	SWABY	M35	Waterford AC	00:57:33	00:57:33
29	Bernard	DUGGAN	M35	Civil Service AC	00:57:57	00:57:57
30	Mark	COLLINS	M35	Grange Fermoy AC	00:58:16	00:58:19
31	Liam	RYAN	M40		00:58:25	00:58:25
32	David	SMYTH	M45	Waterford AC	00:58:30	00:58:31
33	Patrick	COYLE	M	Civil Service AC	00:58:36	00:58:36
34	Sean	O'KEEFFE	M40	Eagle AC	00:58:40	00:58:41
35	Mark	SMITH	M40	Eagle AC	00:58:46	00:58:49
36	Liam	TRACY	M35	Watergrasshill AC	00:58:49	00:58:51
37	Padraig	SHEEHAN	M	St Finbarrs AC	00:58:55	00:58:58
38	Rory	O'SULLIVAN	M40	St Finbarrs AC	00:58:55	00:58:59
39	Jill	HODGINS	F40	Leevale AC	00:59:18	00:59:20
40	John	MURPHY	M45	Grange Fermoy AC	00:59:16	00:59:20
40	John	KINSELLA	M35		00:59:18	00:59:20
42	Dave	O'MAHONY	M40	Leevale AC	00:59:19	00:59:23
43	Derek	O'KEEFFE	M40	Eagle AC	00:59:21	00:59:24
44	Ken	DEVINE	M50	St Finbarrs AC	00:59:29	00:59:31
45	Paul	WYSE	M40	Waterford AC	00:59:36	00:59:38
46	Niall	HARRIS	M35	Dooneen AC	00:59:38	00:59:42
47	Paul Pio	O'CALLAGHAN	M35		00:59:41	00:59:44
48	Paul	MORAN	M40	Kilkenny City Harriers	00:59:43	00:59:44
49	David	CRAIG	M35	Bandon AC	00:59:50	00:59:50
50	Sean	DOYLE	M	An Bru AC	00:59:54	00:59:56
51	John	O'MAHONY	M40		01:00:18	01:00:20
52	Bryan	CROWLEY	M40	Watergrasshill AC	01:00:25	01:00:27
53	Kealan	O'CONNOR	M45	Grange Fermoy AC	01:00:32	01:00:36
54	Maurice	FEEHAN	M	Gneeveguilla AC	01:00:40	01:00:43
55	Dave	O'CONNOR	M	St Catherines AC	01:00:48	01:00:48
56	Ken	O'MAHONY	M	Togher AC	01:00:46	01:00:49
57	Gary	CLERKIN	M45	Grange Fermoy AC	01:00:52	01:00:52
58	Gary	LAWLOR	M	Because we Can	01:01:27	01:01:34
59	Billy	O'BRIEN	M35	Skibbereen AC	01:01:34	01:01:37

60	Joe	O'BRIEN	M35		01:01:34	01:01:38
61	Tony	CAMBRIDGE	M50	Eagle AC	01:01:35	01:01:39
62	Gavin	O'FLYNN	M	Grange Fermoy AC	01:01:50	01:01:56
63	David	MURPHY	M40	Watergrasshill AC	01:02:09	01:02:15
64	Garrett	CASEY	M45	St Finbarrs AC	01:02:19	01:02:20
65	Noel	EARLY	M35	St Catherines AC	01:02:23	01:02:29
66	Patrick	MCCARTHY	M45		01:02:29	01:02:32
67	Doanl	GOULDING	M50	Naval Service	01:02:22	01:02:33
68	John	CRONIN	M	West Muskerry AC	01:02:36	01:02:39
69	John	BYRNE	M45	Waterford AC	01:02:37	01:02:42
70	Jason	NICHOL	M35		01:02:39	01:02:44
71	Trevor	WOODGATE	M35	Mallow AC	01:02:40	01:02:47
72	Fiona	SANTRY	F	East Cork AC	01:02:47	01:02:48
73	Dave	MORGAN	M40		01:02:47	01:02:49
74	David	SULLIVAN	M40		01:02:46	01:02:51
75	Edwin	CASHMAN	M35	Midleton AC	01:02:53	01:02:58
76	Martin	LYONS	M40	West Limerick AC	01:03:09	01:03:09
77	Ray	O'SULLIVAN	M35	Aghada RC	01:03:12	01:03:12
78	Tom	FOX	M50	Eagle AC	01:03:09	01:03:14
79	Paul	WALSH	M45	Waterford AC	01:03:05	01:03:16
80	Danny	SHANAHAN	M	Thomastown	01:03:21	01:03:22
81	Sorcha	KEARNEY	F40	St Finbarrs AC	01:03:24	01:03:26
82	Eoin	DOWNING	M		01:03:23	01:03:30
83	Kieran	CROWLEY	M45	Donoughmore AC	01:03:28	01:03:35
84	Adele	WALSH	F40	St Senans AC	01:03:34	01:03:36
85	Willie	O'CONNOR	M45	Galtee Runners	01:03:37	01:03:41
86	John	GRAY	M35	Grange Fermoy AC	01:03:39	01:03:45
87	Joe	CHAWKE	M50	Dooneen AC	01:03:44	01:03:50
88	Martin	HENNESSY	M35	Kilfinane AC	01:03:47	01:03:53
89	Jack	KITSON	M		01:03:45	01:03:53
90	Stephen	DWYER	M40		01:03:50	01:03:55
91	Glenn	DOLLARD	M40	St Finbarrs AC	01:03:53	01:03:57
92	Martin	CURTIN	M40	St Finbarrs AC	01:03:52	01:03:58
93	Jon	WATERMAN	M35		01:03:52	01:03:59
94	Padraic	BIRMINGHAM	M45	Mallow AC	01:03:58	01:04:01
95	Pat	NOLAN	M40	Waterford AC	01:04:06	01:04:06
96	David	SHEEHAN	M40	Beacause We Can	01:04:07	01:04:14
97	Declan	DOYLE	M50		01:04:12	01:04:21
98	Diarmuid	MCCARTHY	M35		01:04:11	01:04:23
99	Noel	PRENDERGAST	M50	Watergrasshill AC	01:04:14	01:04:25
100	Ken	MULCAHY	M45	Eagle AC	01:04:11	01:04:26
101	Tony	O'KEEFFE	M45		01:04:12	01:04:28
102	JK	HARTY	M35		01:04:16	01:04:29
103	John	CALLANAN	M45		01:04:28	01:04:35
104	Grainne	O'CALLAGHAN	F	North Cork AC	01:04:26	01:04:38
105	Patrick	O'REILLY	M35	Civil Service AC	01:04:36	01:04:42
106	Garry	NOONAN	M40	Leevale AC	01:04:41	01:04:46
107	Michael	GLEESON	M	Templemore	01:04:40	01:04:47
108	Dwain	MOORE	M40	Lusk AC	01:04:38	01:04:50
109	Martin	CUDDIHY	M40	Waterford AC	01:04:45	01:04:53
110	J	CRONIN	M40	Mallow AC	01:04:44	01:04:54
111	Niall	O'CALLAGHAN	M40	Leevale AC	01:04:46	01:04:54
112	Mark	DALY	M	Ennis Track AC	01:04:47	01:04:55
112	Denis	LAHART	M40	Adeles Gazelles	01:04:50	01:04:55
114	Frank	QUINLAN	M40	West Waterford AC	01:04:50	01:04:55
115	Mark	FLAVIN	M40		01:04:46	01:04:55
116	Michael D	DUNNE	M40	St Finbarrs AC	01:04:39	01:04:56
117	Martin	PRUNTY	M40	Civil Service AC	01:04:50	01:04:56
118	Paul	O'NEILL	M	Civil Service AC	01:04:52	01:04:59
119	Greg	DOYLE	M35		01:04:53	01:05:02
120	Shóna	KEANE	F35		01:04:58	01:05:02

121	John	O'BRIEN	M45	Ballymore Cobh AC	01:04:53	01:05:05
122	Conor	BARTLEY	M45	Grange Fermoy AC	01:05:04	01:05:09
123	Peter	MCSWEENEY	M35	Dromahane Road Runners	01:05:05	01:05:12
124	Patrick	O'KEEFFE	M45	Duhallow AC	01:05:05	01:05:21
125	Stephen	GEOGHEGAN	M45	St Finbarrs AC	01:05:22	01:05:26
126	Neil	O'CONAILL	M50	St Finbarrs AC	01:05:28	01:05:39
127	Nick	PICKETT	M		01:05:19	01:05:39
128	Jason	THOMPSON	M35	Duhallow AC	01:05:27	01:05:43
129	Donal	TWOMEY	M45		01:05:35	01:05:44
130	Don	RYAN	M40	Midleton AC	01:05:33	01:05:46
131	Colin	O'HERLIHY	M45	Eagle AC	01:05:41	01:05:53
132	Loic	GAREL	M35	L'Escale AC	01:05:48	01:05:54
133	Donough	BARROW	M45	Mallow TRI Club	01:05:47	01:05:55
134	Matthew	GEDEN	M50	Bandon AC	01:05:49	01:05:58
135	Michael	MULCAHY	M40	Knockraha	01:06:03	01:06:12
136	Noel	RYAN	M40	Civil Service AC	01:06:07	01:06:13
137	Jeremy	KELLEHER	M40	West Muskerry AC	01:06:08	01:06:20
138	Thomas	SHANAHAN	M	lac	01:06:22	01:06:23
139	John	KISSANE	M50		01:06:05	01:06:24
140	John	FITZGIBBONS	M50	St Finbarrs AC	01:06:19	01:06:29
141	Paul	COTTER	M40	Eagle AC	01:06:21	01:06:32
142	John	HENNESSY	M40		01:06:17	01:06:33
143	Martin	O'REILLY	M40	St Finbarrs AC	01:06:35	01:06:37
144	Shane	HANLEY	M40	Galtee Runners	01:06:19	01:06:37
145	Kieran	LYNCH	M40	Blarney AC	01:06:29	01:06:38
146	Don	PYNE	M35	Grange Fermoy AC	01:06:29	01:06:41
147	Johnny	MOLONEY	M35	Clonakilty Road Runners AC	01:06:29	01:06:45
148	Colin	ARCHER	M	Naval Service	01:06:28	01:06:49
149	S	O'LEARY	M45	Midleton AC	01:06:41	01:06:51
150	Dermot	SLYNE	M40	Eagle AC	01:06:33	01:06:52
151	Paul	KEARNEY	M	Aghada RC	01:06:44	01:06:57
152	Pat	COSTIGAN	M45	St Catherines AC	01:06:46	01:06:59
153	Danny	COLLINS	M		01:06:53	01:07:02
154	Brian	AHERN	M40	Bweeng Trail Blazers	01:07:02	01:07:02
155	Mick	TUPPER	M40		01:06:48	01:07:03
156	Seamus	MCSWEENEY	M45		01:06:50	01:07:06
157	Ann	MACPHAIL	F45	Dooneen AC	01:06:57	01:07:10
158	Anthony	NOONAN	M35		01:07:06	01:07:14
159	Kealey	TIDESWELL	F	Clonmel AC	01:07:04	01:07:17
160	Marco	PETRASSI	M35	Leevale AC	01:07:07	01:07:21
161	David	MCEVOY	M	Leevale AC	01:07:09	01:07:22
162	Michael	COAKLEY	M	Skibbereen AC	01:07:18	01:07:25
163	Jerome	MCCARTHY	M35	Eagle AC	01:07:14	01:07:27
164	Matthew	CASEY	M45	Beacause We Can	01:07:30	01:07:30
165	Eoin	FIELD	M40	St Finbarrs AC	01:07:29	01:07:35
166	Michael	LINEHAN	M45	St Finbarrs AC	01:07:24	01:07:35
167	Tony	O'SULLIVAN	M45	Togher AC	01:07:24	01:07:38
168	John	O'CONNELL	M50	An Bru AC	01:07:17	01:07:39
169	Niall	BENNIS	M	Limerick Country Club AC	01:07:29	01:07:46
170	Kieran	FITTON	M	Leevale AC	01:07:48	01:07:49
171	Laura	ROONEY	F40	Watergrasshill AC	01:07:33	01:07:50
172	Maurice	HOPE	M35	An Bru AC	01:07:41	01:07:53
173	John	HEALY	M50		01:07:42	01:07:55
174	Brigita	LUKSTE	F35	North Cork AC	01:07:36	01:07:56
175	James	GAULE	M40	Swaby Sessions	01:07:48	01:07:58
176	Colm	DALY	M35	Ennis Track AC	01:07:58	01:07:58
177	Shona	O'FLYNN	F	Dooneen AC	01:07:43	01:07:58
178	Ed	BATTYE	MJ	Saturday Road Runners	01:07:44	01:08:06
179	Darren	FLYNN	M40	Grange Fermoy AC	01:08:04	01:08:10
180	Eamon	RYAN	M	Focus on Fitness	01:07:54	01:08:16
181	Wayne	BARGARY	M35		01:07:45	01:08:16

182	Ray	HAHESY	M50	West Waterford AC	01:08:09	01:08:20
183	Ciaran	COLEMAN	M40	Youghal AC	01:08:14	01:08:35
184	Deirdre	ANSBRO	F35	Youghal AC	01:08:35	01:08:35
185	Martin	DRAKE	M55	Youghal AC	01:08:19	01:08:41
186	Iain	QUINLAN	M40	Carrigtwohill AC	01:08:27	01:08:43
187	Kane	COLLINS	M	UCD	01:08:31	01:08:45
188	Daire	O'SULLIVAN	M35	Mallow AC	01:08:39	01:08:49
189	John	WALSH	M40		01:08:31	01:08:53
190	Stephen	O'RIORDAN	M35		01:08:48	01:08:56
191	Cian	MCPARLAND	M35	Navy	01:08:37	01:08:56
192	Aidan	COLLINS	M35		01:08:39	01:08:58
193	Mike	HAYES	M35	Kilfinane AC	01:09:05	01:09:05
194	John	HARTNETT	M35		01:08:45	01:09:07
195	Colette	O'DONOGHUE	F35	Watergrasshill AC	01:08:51	01:09:07
196	James	CROWLEY	M	Beacause We Can	01:08:47	01:09:09
197	Danny	CROWLEY	M55	Ballymore Cobh AC	01:08:48	01:09:12
197	Kieran	KEANE	M		01:09:12	01:09:12
199	Michael	FITZGERALD	M40	Beacause We Can	01:08:50	01:09:12
200	Jeremiah	CALLANAN	M	Kinsale Tri Club	01:08:52	01:09:14
201	Joe	O'LOUGHLIN	M45	St Finbarrs AC	01:08:53	01:09:17
202	Mark	BULMAN	M50	Donoughmore AC	01:08:55	01:09:17
203	Martin	LYNCH	M55	Ballincollig AC	01:09:10	01:09:18
204	Micheál	Ó'DRAIGHNEÁIN	M45	St Finbarrs AC	01:09:11	01:09:23
205	Ger	BUCKLEY	M		01:09:02	01:09:24
206	Ian	KELLY	M40	West Limerick AC	01:09:06	01:09:25
207	Mark	LENIHAN	M35	West Limerick AC	01:08:59	01:09:26
208	Keith	BARRY	M40	St Catherines AC	01:09:11	01:09:26
209	Eanna	KAVANAGH	M	Civil Service AC	01:09:26	01:09:27
210	Dave	SHEEHAN	M35	St Finbarrs AC	01:09:04	01:09:27
211	Michael	O'DWYER	M50		01:09:29	01:09:29
212	Mike	MCGRATH	M55	Eagle AC	01:09:15	01:09:33
213	Adrian	CROWLEY	M40	CPO	01:09:09	01:09:33
214	Fiona	MCCARTHY	F40		01:09:16	01:09:35
215	Phil	CAREY	M35	Mallow AC	01:09:18	01:09:35
216	Verling John	FITZGERALD	M45	Galtee Runners	01:09:16	01:09:36
217	Pat	KENNEDY	M40	Kildorrery Harriers	01:09:04	01:09:36
218	Adrian	COLLINS	M35	Blackwater Tri Club	01:09:14	01:09:37
219	Aidan	SCALLY	M55	Clonakilty Road Runners AC	01:09:16	01:09:41
220	Chris	GRAYSON	M45	Kerry Crusaders	01:09:26	01:09:43
221	Andrew	RODRIGUES	M45		01:09:24	01:09:44
222	Sean	O'SULLIVAN	M45	Midleton AC	01:09:21	01:09:46
223	Brendan	HICKEY	M40	St Catherines AC	01:09:34	01:09:48
224	Colum	KIDNEY	M35		01:09:29	01:09:51
225	Derek	COSTELLO	M45	Eagle AC	01:09:42	01:10:05
226	Denis	CARROLL	M55	Eagle AC	01:10:07	01:10:25
227	David	EGAN	M50	Cork Tri Club	01:10:09	01:10:26
228	David	CODY	M40	Midleton AC	01:10:11	01:10:29
229	Danie	DIAZ LOPEZ	M35		01:10:18	01:10:32
230	Ciarán	O'GORMAN	M	Galtee Runners	01:10:20	01:10:47
231	Gary	WALSH	M35	Bweeng Trail Blazers	01:10:19	01:10:51
232	Brian	NEWMAN	M40	Bweeng Trail Blazers	01:10:20	01:10:51
233	Margo	DINAN	F50	St Finbarrs AC	01:10:36	01:10:58
234	Dec	LEONARD	M40	Beacause We Can	01:10:34	01:11:00
235	David	HOWELL	M40	Mallow AC	01:10:51	01:11:11
236	Darren	KIELY	M	Kinsale Tri Club	01:10:42	01:11:11
237	Edmond	KINANE	M50	St Nicholas AC	01:10:59	01:11:16
238	Jack	MCGREGOR	M45	Tracton AC	01:10:59	01:11:20
239	Stephen	JONES	M35	Mallow TRI Club	01:11:10	01:11:30
240	Alex	EATON	M40	Ballymore AC	01:11:08	01:11:32
241	Paddy	MOYNIHAN	M40		01:11:01	01:11:39
242	Jonathan	COLEMAN	M35	Dooneen AC	01:11:10	01:11:42

243	Patrick	MORRISSEY	M35		01:10:29	01:11:44
244	Fiona	DUKELOW	F45		01:11:24	01:11:46
245	Elaine	GUINANE	F40	Eagle AC	01:11:25	01:11:50
246	Brian	COTT	M40	Midleton AC	01:11:38	01:11:53
247	Paul	COLLINS	M		01:11:38	01:11:55
248	Alan	HANNIGAN	M40	Youghal AC	01:11:55	01:11:55
249	John	TWOMEY	M40	Clonakilty Road Runners AC	01:11:33	01:11:57
250	Louise	O'BRIEN	F40	Youghal AC	01:11:37	01:11:58
251	Richard	LANE	M35		01:11:38	01:12:04
252	Andrei	HENSIROUSKI	M40	RC Sozh &Gomel, Belarus	01:11:36	01:12:04
253	Denis	DUGGAN	M	Bweeng Trail Blazers	01:11:28	01:12:06
254	Billy	O'MAHONY	M45	Tracton AC	01:11:49	01:12:09
255	Graham	CAMBRIDGE	M40		01:11:47	01:12:13
256	Alan	WALSH	M40		01:11:54	01:12:16
257	Marvin	BOARD	M35	Carrigtwohill AC	01:11:49	01:12:16
258	Mike	GRIFFIN	M40	Dooneen AC	01:11:45	01:12:16
259	Eamonn	CASHIN	M35	West Waterford AC	01:12:04	01:12:22
260	Sheila	BUCKLEY	F35	Midleton AC	01:11:49	01:12:24
261	Noreen	COAKLEY	F40	Rosscarbery Steamrunners AC	01:12:29	01:12:29
262	Jim	O'MAHONY	M45	Carraig Na bhfear AC	01:12:12	01:12:30
263	Peter	MURPHY	M	Saturday Road Runners	01:11:51	01:12:31
264	Noel	WREN	M35		01:12:03	01:12:31
265	Brian	MURPHY	M45	Cobh Tri Club	01:12:32	01:12:32
266	Eoin	BUTLER	M40	The Churchtown Roadrunners AC	01:12:08	01:12:35
267	John	LONGAN	M		01:11:59	01:12:35
268	Paul	RICE	M45	Dooneen AC	01:12:16	01:12:35
269	Barry	O'BRIEN	M40		01:12:09	01:12:36
270	Pearse	BARRETT	M50	Rosscarbery Steamrunners AC	01:12:12	01:12:38
271	Pat	MOLONEY	M40	Crosshaven Tri Club	01:12:02	01:12:39
272	David	FITZGERALD	M		01:12:13	01:12:42
273	Trevor	EDWARDS	M40	Bweeng Trail Blazers	01:12:10	01:12:43
274	K	HAYES	M40	Dromahane Road Runners	01:12:33	01:12:43
275	Garry	COLLINS	M40	Buttevant RC	01:12:44	01:12:44
275	Denis	RYAN	M45	Mooreabbey Milers	01:12:12	01:12:44
277	John	CONDREN	M35		01:12:17	01:12:45
278	Anne	WOLFE	F45	St Finbarrs AC	01:12:24	01:12:46
279	Seamus	QUIRKE	M35		01:12:12	01:12:49
280	Pádie	O'MAHONY	M		01:12:17	01:12:53
281	Ciaran	HUGHES	M40	Kilkenny City Harriers	01:12:41	01:12:53
282	Colin	LOCHADEN	M40	Ballintotis Fit4Life	01:12:28	01:12:58
283	Louise	MATTHEWS	F40	Dooneen AC	01:12:27	01:12:58
284	Niall	COLLINS	M35	Portlaoise AC	01:13:00	01:13:00
285	Alan	SMITH	M45		01:12:32	01:13:00
286	Kevin	PHELAN	M45	Eagle AC	01:12:18	01:13:00
287	Mike	O'SHAUGHNESSY	M50	Kilkenny City Harriers	01:12:43	01:13:01
288	Michael	GROGAN	M50	Church Hill Runners	01:12:44	01:13:03
289	Sinead	MCDERMOTT	F		01:12:30	01:13:04
290	Stephen	MCCARTHY	M45		01:12:25	01:13:04
291	Fergal	MURPHY	M	Mallow AC	01:12:25	01:13:06
292	Susan	HARTE BARRY	F35		01:12:21	01:13:07
293	Richard	O'REILLY	M	St Nicholas AC	01:12:48	01:13:09
294	Declan	WALSHE	M40	Kilkenny City Harriers	01:12:59	01:13:10
295	Claire	DERMODY	F35	Kilkenny City Harriers	01:12:59	01:13:11
296	Barry	MCDERMOTT	M40		01:12:46	01:13:12
297	C	O'BRIEN	M	Watergrasshill AC	01:13:01	01:13:13
298	Declan	DORGAN	M40	Midleton AC	01:12:58	01:13:16
299	Adrian	FITZGERALD	M45		01:12:54	01:13:17
300	Adrian	O'CONNOR	M35		01:12:46	01:13:18
301	Joe	O'RIORDAN	M55	Watergrasshill AC	01:12:50	01:13:21
302	Declan	CLANCY	M	Watergrasshill AC	01:12:53	01:13:25
303	John	DELANEY	M45	Grange Fermoy AC	01:13:01	01:13:30

304	Megan	HILL	F	Kinsale Tri Club	01:13:12	01:13:31
305	Shane	RYAN	M	Dooneen AC	01:13:01	01:13:33
306	David	BARRY	M40	Lisgoold	01:13:04	01:13:38
307	Denis	MURPHY	M	Dromahane Road Runners	01:13:06	01:13:40
308	Denis	DAVERN	M50	Galtee Runners	01:13:13	01:13:43
309	Bernard	CORRIGAN	M45	St Nicholas AC	01:13:10	01:13:44
310	Edward	SHEEHAN	M40	Beacause We Can	01:13:21	01:13:47
311	Esther	MURPHY	F40	Midleton AC	01:12:48	01:13:53
312	Douglas	SADLIER	M		01:13:34	01:13:58
313	Neil	HOLLAND	M60	Mallow AC	01:13:29	01:13:58
314	Tom Paul	MURPHY	M50	Mallow AC	01:13:22	01:13:58
314	Denis	MERRITT	M35	Kildorrery Harriers	01:13:10	01:13:58
316	Kevin	O'CALLAGHAN	M35	Dromahane Road Runners	01:13:25	01:13:59
317	Gregg	MOORE	M45	Eagle AC	01:13:43	01:13:59
318	Patrick	LOMASNEY	M35		01:13:32	01:14:00
319	Brendan	HOLLAND	M45		01:13:30	01:14:01
320	Theresa	BARNETT	F55	Kinsale Tri Club	01:13:25	01:14:02
321	Justin	COSTIGAN	M35		01:13:27	01:14:08
322	Annette	O'REILLY	F	Kilfinane AC	01:13:32	01:14:09
323	Tony	MURRAY	M45		01:13:49	01:14:10
324	Declan	G	M40	Carrigaline AC	01:13:31	01:14:12
325	Yvonne	DEEGAN	F45	Limerick Country Club AC	01:13:39	01:14:12
326	Stuart	HOWARD	M35		01:13:49	01:14:15
327	Liam	AHERNE	M35	Mallow tri	01:13:46	01:14:17
328	Kieran	MULLANE	M50		01:14:05	01:14:24
329	Sean	TWOHIG	M	Duhallow AC	01:13:57	01:14:24
330	James	HODGINS	M45		01:13:46	01:14:25
331	Eamon	EGAN	M45	Kerry Crusaders	01:14:03	01:14:28
332	Mary	SWEENEY	F55	St Finbarrs AC	01:14:28	01:14:30
333	Mariusz	LUCZAK	M35	Bweeng Trail Blazers	01:13:57	01:14:32
334	Denise	O'BRIEN	F40	St Nicholas AC	01:14:01	01:14:40
335	Susan	LOONEY	F40	Duhallow AC	01:13:58	01:14:42
336	St John	O'CONNOR	M45	St Nicholas AC	01:14:11	01:14:44
337	Kevin	MANSFIELD	M		01:14:24	01:14:45
338	Ruairi	EGAN	M45	Eagle AC	01:14:20	01:14:45
339	Anthony	POWER	M55	Clonmel AC	01:13:48	01:14:47
339	Tomas	O'CALLAGHAN	M50	Mallow AC	01:14:07	01:14:47
341	Adrian	O'SULLIVAN	M40		01:14:06	01:14:47
342	Sean	NORRIS	M40	Aghada RC	01:14:09	01:14:51
343	Dermot	GALLAGHER	M40		01:14:55	01:14:55
344	Barry	O'CALLAGHAN	M45	Mallow AC	01:14:51	01:14:59
345	Bill	HENNESSY	M40		01:14:14	01:15:00
346	Eddie	TRINDLE	M40	Eagle AC	01:14:21	01:15:02
347	Paul	GEARY	M35	Midleton AC	01:14:21	01:15:05
348	Micheal	O'MULLAIN	M40	St Finbarrs AC	01:14:42	01:15:06
349	Colm	HOGAN	M		01:14:26	01:15:07
350	Tom	HANNON	M60		01:14:53	01:15:07
351	Chris	MCGRATH	M	Aghada RC	01:14:26	01:15:07
352	Neil	MOYNIHAN	M35	Ballintotis	01:14:29	01:15:08
353	Lisa	CROWLEY	F40	Watergrasshill AC	01:14:38	01:15:09
354	Josephine	KELLEHER	F45		01:14:33	01:15:10
355	Paul	PHELAN	M45	Kilkenny City Harriers	01:14:35	01:15:10
356	Patrick	DALY	M35	Mallow AC	01:14:42	01:15:13
357	David	HANLON	M40	Limerick AC	01:14:48	01:15:17
358	John	HAYES	M40	Dromahane Road Runners	01:14:45	01:15:19
358	Brendan	NUGENT	M45	Kilkenny City Harriers	01:14:23	01:15:19
360	Raymond	BARROW	M35	Mallow AC	01:14:50	01:15:25
361	Mark	WALSH	M	Dromahane Road Runners	01:14:59	01:15:33
362	Barry	MURPHY	M50	Mallow AC	01:14:56	01:15:37
363	Conor	FOX	M45	Donoughmore AC	01:15:06	01:15:43
364	Clotilde	FITZGIBBON	F50	Grange Fermoy AC	01:15:18	01:15:47

365	Darren	O'CONNOR	M40		01:15:03	01:15:49
366	Edward	MCDONNELL	M45	Mallow tri	01:14:48	01:15:51
367	William	O'BRIEN	M40	Doneraile AC	01:14:20	01:15:51
368	Philip	WHITE	M35	Fota Island RC	01:15:07	01:15:53
369	Noel	O'CONNOR	M60	Eagle AC	01:15:21	01:15:54
370	Mark	PYNE	M40	Grange Fermoy AC	01:15:32	01:15:55
371	Tom	QUIRKE	M35	St Nicholas AC	01:15:12	01:15:57
372	Paddy	CARROLL	M		01:15:30	01:15:58
373	Tommy	MULLANE	M50	Kanturk road runners	01:15:42	01:16:01
374	Padraig	SHEAHAN	M50	Millstreet AC	01:15:25	01:16:05
375	Mark	WALLACE	M35	MSD Brinny	01:15:31	01:16:07
376	Shane	HEALY	M		01:15:30	01:16:09
377	Colin	KEANE	M35		01:15:35	01:16:12
378	Simon	DAVIES	M40	Ballintotis Fit4Life	01:15:44	01:16:14
379	Maurice	TOBIN	M65	Grange Fermoy AC	01:15:43	01:16:17
380	Ray	HAYES	M40		01:16:20	01:16:20
381	Martin	O'SULLIVAN	M60	Ballincollig AC	01:16:05	01:16:21
382	Eoghan	MCKERNAN	M35	Mallow AC	01:15:45	01:16:23
383	Trevor	KAVANAGH	M40	Bweeng Trail Blazers	01:15:31	01:16:26
384	Louise	O'SULLIVAN SHEEHAN	F40	Ballincollig AC & MCI	01:16:02	01:16:27
385	Noel	KENNEDY	M40	Thurles Crokes	01:15:52	01:16:28
386	Jj	MURPHY	M55		01:15:42	01:16:30
387	Caroline	CONROY	F40	West Limerick AC	01:15:58	01:16:31
388	Margaret	JONES	F45	Midleton AC	01:15:48	01:16:36
389	Katie	FITZGERALD	F		01:16:03	01:16:36
390	David	HURLEY	M45		01:16:38	01:16:38
391	David	FORRISTAL	M40		01:16:08	01:16:43
392	Rob	MCGRATH	M		01:15:28	01:16:43
393	John	COTTER	M40	Mallow AC	01:15:22	01:16:45
394	Paul	DOWLING	M35	Buttevant RC	01:16:10	01:16:47
395	Mark	WALSH	M45		01:16:06	01:16:49
396	Mari	BURKE	F35		01:16:56	01:16:56
397	Sam	MOURSY	M45	Eli Lilly	01:16:16	01:17:00
398	Joann	PRIOR	F40	Kinsale Tri Club	01:17:03	01:17:03
399	Emilio	MOYA ROSA	M		01:16:26	01:17:03
400	Eoghan	O'SULLIVAN	M		01:16:30	01:17:05
401	David	LYNCH	M50	CIT	01:16:06	01:17:08
402	Ruairi	O'BRIEN	M		01:16:12	01:17:14
403	Seamus	CAHILL	M55	Riverstick Kinsale AC	01:16:35	01:17:14
404	Aidan	HOLLAND	M40		01:16:31	01:17:18
405	Stephen	O'REGAN	M35		01:16:39	01:17:25
406	Rob	FLYNN	M35	St Finbarrs AC	01:17:02	01:17:26
407	Marian	AHERN	F50	Midleton AC	01:16:51	01:17:27
408	Jeremiah	DESMOND	M35		01:16:45	01:17:29
409	Breeda	SHEEDY	F50	Midleton AC	01:16:55	01:17:29
410	John	O'CONNOR	M40		01:16:24	01:17:38
411	Dolores	GIBBONS	F45	Eagle AC	01:16:55	01:17:39
412	Kieran	DOWNEY	M35		01:17:07	01:17:44
413	Billy	GOUGH	M45		01:16:41	01:17:45
414	David	HARTE	M45	Galtee Runners	01:16:43	01:17:46
415	Kevin	BOAG	M55		01:17:05	01:17:47
416	Tom	WEAFER	M45	CSO	01:17:07	01:17:49
417	Paul	CUSACK	M40	Mallow AC	01:17:04	01:17:50
417	Liam	MORRISSEY	M		01:16:53	01:17:50
419	Cian	O'CONNOR	M35	Cork City Council BHAA	01:16:52	01:17:53
420	Matthew	GANNON	M		01:17:00	01:17:56
421	Kevin	SHANLEY	M35		01:17:08	01:17:58
422	Martin	HERLIHY	M40	Cork Mental Health AC	01:17:29	01:18:03
423	Dan	TWOHIG	M40	Midleton AC	01:17:23	01:18:07
424	John	TEAPE	M45		01:16:59	01:18:07
425	Conor	MANTON	M		01:17:27	01:18:10

426	James	LEAHY	M50	Kilkenny City Harriers	01:17:33	01:18:10
427	Anthony	FENNELLY	M		01:18:00	01:18:12
428	Oliver	KELLEHER	M35		01:17:08	01:18:14
429	Donal	BURKE	M50		01:17:09	01:18:15
430	Brendan	WALSH	M45		01:17:34	01:18:16
431	Darren	O'BRIEN	M35		01:17:36	01:18:17
432	Paul	O'CONNOR	M40		01:17:02	01:18:19
432	Donal	O'CALLAGHAN	M35		01:17:24	01:18:19
434	Barry	COSCORAN	M35	Tracton AC	01:18:24	01:18:24
435	Tj	VAN DER VALK	M55		01:17:21	01:18:25
436	Andrew	MACDONALD	M35	Eagle AC	01:17:33	01:18:26
437	Ray	FOLEY	M35	Fota Island RC	01:17:47	01:18:32
438	Stephen	WALSH	M		01:17:34	01:18:33
439	Helen	CRONIN	F35	Eagle AC	01:17:49	01:18:35
440	Jerry	TWOHIG	M65	Duhallow AC	01:17:51	01:18:36
441	Shane	CARROLL	M35	Ballintotis Fit4Life	01:17:52	01:18:39
442	Rick	HOUGHTON	M45	North Cork AC	01:17:39	01:18:39
443	Michael	TWOMEY	M35		01:18:20	01:18:44
444	Ted	O'LEARY	M45	West Waterford AC	01:17:49	01:18:46
445	Ann	DUNFORD	F50	West Waterford AC	01:17:51	01:18:49
446	Niall	LYNCH	M40	Dooneen AC	01:17:53	01:18:50
447	Dermot	JOHNSON	M45		01:18:07	01:18:51
448	Trevor	MURPHY	M40	Aghada RC	01:18:11	01:18:53
449	Stephen-Gerald	MURPHY	M	Aghada RC	01:17:49	01:18:54
450	Danny	HICKEY	M40	Duhallow AC	01:17:55	01:18:54
451	Stephen	O'SULLIVAN	M		01:18:09	01:18:54
452	Alan	CAMBRIDGE	M35	Crossfit Mallow	01:18:08	01:18:55
453	Tim	O'SULLIVAN	M50	Cork County Council	01:18:08	01:18:59
454	Luigi	BARLASSINA	M40		01:18:28	01:19:00
455	Louise	LYNCH	F50		01:18:10	01:19:04
456	Shane	COLLINS	M		01:18:12	01:19:05
457	Joe	SHERLOCK	M40	Kildorrery Harriers	01:18:17	01:19:06
458	Brendan	O'CARROLL	M35	West Limerick AC	01:18:21	01:19:07
459	Sinead	RENTON	F40	Mallow AC	01:18:02	01:19:08
460	Tadhg	SHEEHAN	M40		01:18:48	01:19:09
461	Peter	REIDY	M35	Shandrum AC	01:18:16	01:19:09
462	Aidan	FITZSIMONS	M45		01:18:04	01:19:11
463	Ava	BIRCH	F		01:18:21	01:19:12
464	Jack	THEBAULT	M50	St Nicholas AC	01:18:23	01:19:14
465	Brid	MORRISON	F35	Togher AC	01:18:35	01:19:15
466	Yvonne	COUGHLAN	F40		01:18:29	01:19:15
467	Brian	JACKMAM	M45		01:18:16	01:19:16
468	Nigel	O'SULLIVAN	M45	Focus on Fitness	01:18:40	01:19:20
469	Antoinette	MAHON	F		01:18:25	01:19:20
470	Sean	O'BRIEN	M50		01:18:34	01:19:24
471	Anthony	PATTERSON	M45	Bweeng Trail Blazers	01:18:33	01:19:27
472	Hilary	O'CONNELL	F	Waterford AC	01:18:50	01:19:29
473	James	KEOGH	M40	Kilfinane AC	01:18:36	01:19:30
474	Brian	BARRY	M35	Bweeng Trail Blazers	01:18:37	01:19:31
475	James	MCMAHON	M35		01:18:30	01:19:32
476	Ben	MARTIN	M		01:18:43	01:19:33
477	Billy	CANTILLON	M55		01:18:51	01:19:34
478	Michael	MURPHY	M	Bweeng Trail Blazers	01:19:03	01:19:35
479	Eoin	O'MAHONY	M40		01:18:30	01:19:36
480	John	BLUETT	M40	North Cork AC	01:18:42	01:19:37
481	Julie	MONAGHAN	F35	Focus on Fitness	01:18:58	01:19:37
482	Caroline	COSTELLO	F	Watergrasshill AC	01:18:47	01:19:38
483	Mairead	LONERGAN	F	Eagle AC	01:18:53	01:19:40
484	Aoife	NYHAN	F35	Kinsale Tri Club	01:19:05	01:19:42
485	Marcus	AHERNE	M45	Aghada RC	01:19:05	01:19:44
486	Darren	KEARNEY	M45		01:18:55	01:19:46

487	Frank	KIERNAN	M40	Blackwater Tri Club	01:18:39	01:19:51
488	Paula	WRIGHT	F40	MCI	01:18:49	01:19:54
489	Joanne	MCCANN	F40	Mallow AC	01:19:09	01:19:58
490	Ide	KELLEHER	F45	Mallow AC	01:19:11	01:19:58
491	Michael	DEASY	M40		01:19:10	01:20:00
492	Grainne	MCKENNA	F40		01:20:02	01:20:02
493	Edel	KELLEHER	F50		01:19:20	01:20:02
494	Colm	SHEPPARD	M45	Watergrasshill AC	01:19:01	01:20:03
495	Martin	HEALY	M45	Grange Fermoy AC	01:19:10	01:20:09
496	Sancha	QUIGLEY	F	Clonmel AC	01:19:21	01:20:11
497	John	FENNELL	M40	West Waterford AC	01:19:24	01:20:11
498	Marie-Therese	BRADY	F40		01:19:25	01:20:12
499	Pierce	DE COURCY	M50	Cork County Council	01:19:22	01:20:16
500	David	BUCKLEY	M35		01:19:32	01:20:17
501	Diamuid	O'RIORDAN	M40		01:19:24	01:20:19
502	Louise	MURPHY	F	Togher AC	01:19:03	01:20:21
503	Bernard	COLEMAN	M35	Togher AC	01:19:05	01:20:22
504	Zora	BOUKERCHE	F35		01:19:24	01:20:25
505	Sandra	HICKSON	F35	St Finbarrs AC	01:19:42	01:20:28
506	Sinead	NOONAN	F40	St Finbarrs AC	01:19:48	01:20:29
507	Orla	NOLAN	F45	Dromahane Road Runners	01:19:22	01:20:30
508	Donal	O'BRIEN	M65	St Nicholas AC	01:19:58	01:20:32
509	Grainne	WHALLEY	F40		01:19:34	01:20:34
510	Aidan	BARRY	M45	St Catherines AC	01:19:41	01:20:35
511	Patrick	HEALY	M40		01:19:26	01:20:38
512	Linda	TWOMEY	F35	North Cork AC	01:19:26	01:20:41
513	David	MULLINS	M40	Watergrasshill AC	01:19:50	01:20:41
514	Kieran	BYRNE	M		01:19:59	01:20:42
515	Paul	HEALY	M45	Donoughmore AC	01:20:10	01:20:47
516	Emer	HURLEY	F40	Aghada RC	01:20:09	01:20:50
517	Willie	CODY	M45	Grange Fermoy AC	01:19:54	01:20:52
517	Derry	TIERNEY	M50	The Churchtown Roadrunners AC	01:20:06	01:20:52
519	John	COSGRAVE	M	Mallow AC	01:19:40	01:20:53
520	Sinead	FITZGERALD	F40	Aghada RC	01:19:56	01:20:53
521	Ger	BURKE	M40	St Nicholas AC	01:20:03	01:20:53
522	Chris	DAY	M		01:19:54	01:20:58
523	Mark	O'SULLIVAN	M50	Dromahane Road Runners	01:20:37	01:21:00
524	Kate	MCCARTHY	F35	Tracton AC	01:20:06	01:21:02
525	Deirdre	COTTER	F40	Mallow AC	01:19:39	01:21:03
526	Dave	MACSWEENEY	M40		01:20:05	01:21:08
527	Orla	DOYLE	F		01:20:09	01:21:10
528	Niamh	MOLLOY	F40	Waterford AC	01:20:12	01:21:12
529	Brian	O'CONNOR	M45	Grange Fermoy AC	01:19:58	01:21:14
530	Deirdre	MCCARTHY	F45	North Cork AC	01:20:16	01:21:15
531	Ray	CUDDIHY	M40	Adele's Eat Train Live	01:20:01	01:21:17
532	Shane	BOLSTER	M35	Saturday Road Runners	01:20:42	01:21:20
533	Conor	FEEHILY	M		01:20:52	01:21:21
534	Des	HYDE	M35	An Bru AC	01:20:23	01:21:25
535	Tom	CORCORAN	M45		01:20:36	01:21:26
536	Denise	QUILTER	F	Millstreet AC	01:20:11	01:21:30
537	Susan	O'SULLIVAN	F40		01:21:32	01:21:32
538	Tadhg	O'CONNOR	M	Buttevant RC	01:19:52	01:21:34
539	Julie Anne	LOCHADEN	F40	Ballintotis Fit4Life	01:20:47	01:21:36
540	Máire	MCKENNA	F35	Buttevant RC	01:20:40	01:21:42
541	Alan	DONNELLY	M45	GBSC	01:20:49	01:21:42
542	Niall	CRONIN	M40		01:20:57	01:21:46
543	Brian	O'REGAN	M		01:20:41	01:21:46
544	Finbarr	LEHANE	M45	Eagle AC	01:21:00	01:21:48
545	Mairead	ENNEGUESS	F	Bweeng Trail Blazers	01:20:26	01:21:48
546	Linda	MALONE	F35	The Churchtown Roadrunners AC	01:20:50	01:21:52
547	Mark	CONDREN	M35	Lusk AC	01:21:23	01:21:52

548	Keith	O'DRISCOLL	M40	Waterford AC	01:21:54	01:21:54
549	Kevin	O'DONOVAN	M40		01:20:54	01:21:57
550	Andrew	GEANEY	M60	Apple Running	01:20:32	01:21:58
551	Caroline	O'SULLIVAN	F40	Duhallow AC	01:20:59	01:21:58
552	Pat	MURPHY	M35		01:20:12	01:21:59
553	Eleanor	DUGGAN	F45	Aghada RC	01:21:04	01:22:01
554	Maria	FLYNN	F35	Beacause We Can	01:20:55	01:22:01
555	Maria	WHITE	F45	West Waterford AC	01:21:05	01:22:05
556	Lynda	O'GORMAN	F40		01:21:01	01:22:06
557	John	CASEY	M50		01:21:04	01:22:07
558	Ken	NYHAN	M40	Eagle AC	01:21:25	01:22:07
559	Alan	FOLEY	M50	Watergrasshill AC	01:21:40	01:22:11
560	Marie	SHEEHAN	F40	Bweeng Trail Blazers	01:20:51	01:22:13
561	Denis	CREMIN	M55	Gneeveguilla AC	01:21:56	01:22:22
562	Sarah	CREEDON	F35	Millstreet AC	01:21:05	01:22:25
563	Clare	SEXTON	F45	North Cork AC	01:21:27	01:22:27
564	Johnny	SEXTON	M45	North Cork AC	01:21:27	01:22:27
565	Jenna	LEETCH	F35	St Nicholas AC	01:21:41	01:22:30
566	Bertie	TROY	M40		01:21:29	01:22:32
567	Padraig	GIBBONS	M60		01:22:04	01:22:34
568	Aoife	KINGSTON	F	Mooreabbey Milers	01:21:44	01:22:35
569	Philip	O'CALLAGHAN	M		01:21:45	01:22:36
570	Claire	O'CONNELL	F40	Watergrasshill AC	01:21:43	01:22:39
571	Monica	TROY	F45		01:21:34	01:22:44
572	Sonya	RYAN	F		01:20:35	01:22:45
573	Paul	NOONAN	M50	Carraig Na bhfear AC	01:21:43	01:22:46
574	Sean	HENNESSY	M50	Ballintotis Fit4Life	01:21:46	01:22:49
575	Kathleen	BROWNE	F50		01:22:06	01:22:59
576	Padraig	O'HERLIHY	M35	Togher AC	01:21:43	01:23:01
577	Frances	O'CONNOR	F55	Eagle AC	01:22:06	01:23:04
578	Patrick	CASHMAN	M		01:21:52	01:23:09
579	Julianne	BUCKLEY	F40		01:22:10	01:23:09
580	Robert	KENT	M		01:22:11	01:23:13
581	Dermot	GAVIN	M50		01:22:20	01:23:13
582	Keith	MOYNIHAN	M35		01:21:53	01:23:14
583	Frances	BARRY	F40	St Catherines AC	01:22:14	01:23:15
584	Treasa	MCCARTHY	F		01:22:09	01:23:17
585	Arthur	MCCARTHY	M40	Cork Tri Club	01:22:52	01:23:23
586	Michelle	GREANEY	F40		01:22:10	01:23:23
587	Gerard	VOWLES	M45	Mallow AC	01:22:08	01:23:24
588	Anthony	WALSH	M55	Apple Running	01:22:03	01:23:26
589	Mary	PYKE	F45	Mooreabbey Milers	01:22:40	01:23:28
590	Patrick	O'MAHONY	M45	Togher AC	01:22:27	01:23:28
591	Claire	KILGANNON	F40	Youghal AC	01:22:20	01:23:30
592	Pat	TYNAN	M45	Wibby Wobby Wonders Cork	01:22:23	01:23:30
593	Kevin	O'DONOGHUE	M35	West Limerick AC	01:22:59	01:23:35
594	Tadhg	COSTELLO	M55		01:21:59	01:23:35
595	Helen	HENNESSY	F35	An Bru AC	01:22:38	01:23:36
596	Eilish	AHERN	F35	Bweeng Trail Blazers	01:22:13	01:23:41
597	Derek	O'FLYNN	M35	Mallow AC	01:22:12	01:23:43
598	Deirdre	O'CONNELL	F		01:22:13	01:23:43
599	Tony	DINEEN	M55		01:22:37	01:23:45
600	Kenneth	MILLER	M35		01:22:55	01:23:46
601	Alan	HOULIHAN	M35		01:22:33	01:23:46
602	Christina	FRYDAY	F40	Dundrum AC	01:22:29	01:23:48
603	Lisa	QUIRKE	F40	Duhallow AC	01:22:49	01:23:48
604	Denis	CALNAN	M45	Rosscarbery Steamrunners AC	01:22:30	01:23:51
605	Catherine	CLANCY	F50	St Catherines AC	01:23:02	01:23:56
606	Sinead	SINGLETON	F	Duhallow AC	01:23:03	01:24:03
607	Danielle	DUBOIS	F	Bandon Fit4Life	01:22:35	01:24:03
608	Betty	WALSH	F40	St Catherines AC	01:23:07	01:24:08

609	Vincent	BUCKLEY	M40	Donoughmore AC	01:22:56	01:24:14
610	Paul	O'CONNELL	M40	St Catherines AC	01:23:24	01:24:14
611	Alan	MORRIS	M35		01:22:54	01:24:16
612	Anthony	KIELY	M35	Mallow TRI Club	01:22:58	01:24:16
613	Ciaran	COMERFORD	M40		01:23:03	01:24:18
614	Louise	BEECHER	F35		01:23:12	01:24:19
615	Michael	DOOLEY	M50	Eagle AC	01:23:07	01:24:19
616	Ann	LYONS	F40	Blackwater Tri Club	01:23:15	01:24:19
617	Cemalettin	OZTURK	M35		01:24:01	01:24:21
618	John	MURPHY	M45		01:23:06	01:24:22
619	Patsy	KEANE	M50	Midleton AC	01:22:50	01:24:25
620	Seamus	DORAN	M40		01:23:01	01:24:29
621	Gearoid	MACCOITIR	M35		01:24:02	01:24:35
622	Maude	KELLEHER	F		01:23:55	01:24:37
623	Paul	DEVEREUX	M35	Barnaderg RoadRunners	01:23:16	01:24:41
624	Georgina	CUNNINGHAM	F40	St Catherines AC	01:23:44	01:24:44
625	Corinne	DWYER	F35		01:23:31	01:24:45
626	Ki'Eran	NOLAN	M45		01:23:32	01:24:45
627	Jim	MURPHY	M40	Kildorrery Harriers	01:23:55	01:24:46
628	Aisling	HOLMES	F		01:24:47	01:24:47
629	Gina	LYONS	F40	Blackwater Tri Club	01:23:42	01:24:47
630	Adrian	HEALY	M40	Mallow AC	01:23:19	01:24:48
631	John	O'CALLAGHAN	M50		01:23:26	01:24:50
632	Aisling	MCEVOY	F35		01:23:28	01:24:51
678	Deirdre	SHEAHAN	F50	Millstreet AC	01:24:20	01:25:59
679	Lisa	DEMPSEY FINN	F40	Mallow AC	01:24:35	01:26:01
680	Declan	GRIFFIN	M40		01:24:54	01:26:05
681	Catherine	LINEHAN	F55	Watergrasshill AC	01:25:05	01:26:08
682	Eimear	DONNELLY	F35		01:24:57	01:26:08
683	Pat	MURPHY	M45	Watergrasshill AC	01:24:10	01:26:08
684	John	O'REILLY	M50	Ballymore AC	01:24:14	01:26:15
685	Denis	GEANEY	M	Dromahane Road Runners	01:25:06	01:26:16
686	Tom	HARROLD	M40	North Cork AC	01:24:49	01:26:16
687	Edel	SCULLY	F40	North Cork AC	01:26:17	01:26:17
688	Nicola	COLEMAN	F40	Youghal AC	01:25:09	01:26:18
689	Michael	O'RIORDAN	M40		01:24:21	01:26:18
690	Caroline	SHEEHAN	F40	Mallow AC	01:24:53	01:26:20
690	Shirley	O'HARE	F50		01:25:12	01:26:20
692	Aoife	CARROLL	F35	Mallow AC	01:25:02	01:26:20
693	Sharon	HIGGINS	F35	West Waterford AC	01:24:53	01:26:24
694	Sharon	HICKEY	F40	Dromahane Road Runners	01:26:25	01:26:25
695	Richella	BENNETT	F40	Youghal AC	01:25:16	01:26:26
696	Grace	HUNTER	F35	Doneraile AC	01:24:55	01:26:26
697	Gerard	HANNA	M	Doneraile AC	01:24:55	01:26:26
698	Marion	O'BRIEN	F35		01:23:56	01:26:29
699	Caitriona	NÍ RIADA	F55		01:25:31	01:26:32
700	Eileen	LOMBARD	F		01:26:36	01:26:36
701	Paul	LUCEY	M45		01:25:33	01:26:41
702	Helena	MURPHY	F35	Bandon Fit4Life	01:24:45	01:26:45
703	Daniel	HEARN	M35		01:25:30	01:26:45
704	Andrew	COTTER	M		01:24:29	01:26:50
705	Sinead	CREMIN	F		01:25:32	01:26:51
706	Shane	HARRINGTON	M40		01:25:29	01:26:56
707	John	MADDEN	M35		01:25:43	01:26:58
708	Christopher	O'DRISCOLL	M65		01:25:29	01:26:58
709	Kathy	BRADFORD	F45	St Finbarrs AC	01:25:06	01:26:59
710	Janet	FORREST	F45		01:25:06	01:26:59
711	Conor	BUCKLEY	M35		01:25:18	01:27:01
712	Ursula	TOBIN	F40	Millstreet AC	01:25:21	01:27:01
713	Sean	KELLEHER	M35		01:25:14	01:27:09
714	Paul	MURPHY	M40		01:25:53	01:27:10

715	John	KENNY	M35	Mallow AC	01:25:28	01:27:12
716	Humphrey	HICKEY	M45	Millstreet AC	01:26:16	01:27:14
717	Susan	ROCHE	F40	Kilfinane AC	01:25:57	01:27:18
718	Patrick	O'LEARY	M	Shandrum AC	01:25:47	01:27:18
719	Conor	BUCKLEY	M35		01:25:57	01:27:19
720	Troy	DORGAN	M35		01:27:22	01:27:22
721	Catherine	HANLON	F40	The Churchtown Roadrunners AC	01:26:07	01:27:24
722	Conor	HICKEY	M35		01:25:44	01:27:25
723	Michelle	GUINEY	F		01:25:49	01:27:25
724	Kitty	HARRINGTON BUCKLEY	F50	St Finbarrs AC	01:25:40	01:27:30
725	Dan	BUCKLEY	M45		01:26:19	01:27:30
726	Mark	MULCAHY	M		01:25:53	01:27:31
727	Emer	O'SHAUGHNESSY	F45	Fit4Life Kilkenny City Harriers	01:26:53	01:27:33
728	Carol	HARTNETT	F40		01:25:36	01:27:34
729	Patrick	HARTNETT	M40		01:25:36	01:27:34
730	Charles	MOORE	M55		01:26:24	01:27:37
731	Chris	MCCARTHY	M	Mallow AC	01:26:11	01:27:38
732	Norma	COLLINS	F40		01:25:36	01:27:39
733	Noelle	FOLEY	F40	Duhallow AC	01:26:21	01:27:42
734	Lee	DOHERTY	M45		01:26:10	01:27:42
735	Joy	DOHERTY	F40		01:26:10	01:27:43
736	Paul	O'BRIEN	M35		01:25:46	01:27:45
737	Patrick	SISK	M45	Ballinacurra Villagers	01:26:12	01:27:47
738	Ger I	SHAUGHNESSY	M45		01:26:25	01:27:50
739	Anna	FAHY RYAN	F40		01:26:40	01:27:51
740	Paula	RYAN	F	North Cork AC	01:26:27	01:27:53
741	James	LUCEY	M35		01:26:13	01:27:54
742	Tara	HORGAN	F45	Wibby Wobby Wonders Cork	01:27:54	01:27:54
743	Ruairi	DINEEN	M40		01:27:58	01:27:58
744	Paul	O'SHAEA	M		01:28:00	01:28:00
745	Tom	WALSH	M50		01:27:08	01:28:01
746	Aibhin	O'BRIEN	F		01:26:36	01:28:06
747	Joan	KENNY	F35	Mallow AC	01:26:26	01:28:11
748	Margaret	O'CONNELL	F40		01:27:13	01:28:14
749	Damien	ELLIFFE	M40	Bweeng Trail Blazers	01:26:45	01:28:15
750	Catherine	O'DONOVAN	F35		01:26:50	01:28:20
751	John	FITZPATRICK	M40	Clonmel Tri	01:26:29	01:28:28
752	Eddie	AHERNE	M50	Buttevant RC	01:26:50	01:28:28
753	Bob	COWMAN	M45	Focus on Fitness	01:27:04	01:28:31
754	Geraldine	MANNING	F45		01:26:51	01:28:31
755	Joan	RYAN	F40	Mallow AC	01:26:51	01:28:32
756	Ann Marie	TWOMEY	F35	Bweeng Trail Blazers	01:26:42	01:28:33
757	Helena	DOYLE	F35	Track Attack Borrisoleigh	01:26:54	01:28:34
758	Michelle	KELLEHER	F		01:26:51	01:28:34
759	Brian	TYRRELL	M40	Clonmel AC	01:27:49	01:28:38
760	Des	WHITE	M50	Grange Fermoy AC	01:27:18	01:28:39
761	Daveid	BARRY	M40		01:26:48	01:28:40
762	Cyril	WALSH	M40	Tracton AC	01:26:56	01:28:46
763	Jim	MOTHERWAY	M45	Aghada Gaa	01:27:07	01:28:47
764	Louise	BRAZIER SCANNELL	F35	Rosscarbery Steamrunners AC	01:27:40	01:28:49
765	Diarmuid	SCANNELL	M40		01:27:42	01:28:52
766	Lorraine	BARRY	F40	Youghal AC	01:27:45	01:28:54
767	John	CASHMAN	M40	UCC Staff AC	01:28:57	01:28:57
768	Denis	DINEEN	M40	CPO	01:27:47	01:28:59
769	John Joe	O'GRADY	M50	North Cork AC	01:27:48	01:29:05
770	Agy	MARKUSEVSKA	F35	North Cork AC	01:27:48	01:29:05
771	Edeard	O'SULLIVAN	M35		01:27:23	01:29:05
772	Eamonn	DUNNE	M		01:28:13	01:29:06
773	Siobhan	O'SULLIVAN	F45	Wibby Wobby Wonders Cork	01:28:02	01:29:07
774	Sue	CROWLEY	F40	Watergrasshill AC	01:27:26	01:29:08
775	Patrick	MURPHY	M45		01:28:20	01:29:12

776	Dolores	BEVAN	F45	Wibby Wobby Wonders Cork	01:28:07	01:29:13
777	Marie	HOGAN	F40	Ballymore AC	01:28:07	01:29:13
778	Martina	MOLONEY	F35	The Churchtown Roadrunners AC	01:27:46	01:29:14
779	Seamus	STONE	M60	Youghal AC	01:27:31	01:29:14
780	Edel	HENRIQUES	F35	West Limerick AC	01:28:04	01:29:15
781	Mairead	LEHANE	F	Mallow AC	01:27:45	01:29:15
781	Pat	CAREY	M40	An Bru AC	01:29:15	01:29:15
783	Mary	MULCAHY	F55	St Finbarrs AC	01:27:47	01:29:17
784	Nessa	GOGGIN	F40	Watergrasshill AC	01:27:35	01:29:17
785	Jacinta	YELVERTON	F45	Happy Feet Blarney	01:27:55	01:29:20
785	Marion	LYONS	F60	St Finbarrs AC	01:28:00	01:29:20
787	Sinead	TWOMEY	F	Macroom parkrun	01:27:48	01:29:21
788	Danielle	MCCARTHY	F	Ballymac Meet & Train	01:28:21	01:29:21
789	Edel	HENNESSY	F35	Kilfinane AC	01:28:00	01:29:22
790	Susan	O'LEARY	F40	Cork County Council	01:27:40	01:29:22
791	Cathy	MANSFIELD	F40	Clonmel AC	01:27:54	01:29:22
792	Emilija	DORGAN	F40	Grange Fermoy AC	01:28:08	01:29:24
793	Ed	FITZGERALD	M45	Eagle AC	01:28:53	01:29:26
794	Emma	O'NEILL	F40	Rosscarbery Steamrunners AC	01:28:03	01:29:26
795	Robert	CAHILL	M	Togher AC	01:28:11	01:29:33
796	Ciaran	CAHILL	M55	Happy Feet Blarney	01:28:22	01:29:34
797	Barry	FITZGERALD	M	ICBF	01:27:48	01:29:35
798	David	AHERNE	M45		01:28:01	01:29:40
799	Avril	FORAN	F	Happy Feet Blarney	01:28:16	01:29:43
800	Ciara	O'CONNELL	F40	Happy Feet Blarney	01:28:31	01:29:44
801	Donal	O'DONOGHUE	M50	Little Island	01:28:50	01:29:44
802	Ger	HAYES	M35	Watergrasshill AC	01:27:44	01:29:44
803	Sinead	COAKLEY	F40		01:28:08	01:29:45
804	Dermot	FITZGERALD	M35	Happy Feet Blarney	01:28:33	01:29:46
805	Regina	CRONIN	M40	Mallow AC	01:28:11	01:29:47
806	Eoin	COLEMAN	M40	Youghal AC	01:28:57	01:29:47
807	Keith	ANSBRO	M40	Youghal AC	01:28:57	01:29:47
808	Paul	EVANS	M40	St Nicholas AC	01:27:53	01:29:49
809	Rino	GIGLIONE	M45		01:28:00	01:29:50
810	Peter	O'LEARY	M35	Happy Feet Blarney	01:28:37	01:29:50
811	Murty	O'SULLIVAN	M55	St Finbarrs AC	01:27:56	01:29:51
812	Mark	MOYNIHAN	M40	Camp AC	01:28:25	01:29:51
813	Tim	TROY	M50	Ballintotis Fit4Life	01:29:02	01:29:53
814	Katie	MURPHY	F35	The Churchtown Roadrunners AC	01:28:11	01:29:55
815	Catherine	HENNESSY	F45		01:28:19	01:29:58
816	Liz	MOLONEY	F35	North Cork AC	01:28:25	01:29:58
817	Mary	O'HALLORAN	F45	Togher AC	01:28:21	01:29:59
818	Bridie	WALSH	F50	North Cork AC	01:28:23	01:30:01
819	Sean	POWELL	M55	Mallow AC	01:28:27	01:30:03
820	Adrian	NODWELL	M40	Mallow AC	01:28:28	01:30:04
821	Jackie	VARLEY	F45	Kilkenny City Harriers	01:28:42	01:30:09
822	Colman	KELLEHER	M45		01:28:28	01:30:11
823	Ruth	O'CONNOR	F35	Watergrasshill AC	01:28:53	01:30:15
824	Cathy	BOWE	F35	Watergrasshill AC	01:28:53	01:30:16
825	Sarah	CORKERY	F40		01:29:10	01:30:18
826	Valerie	GARVEY	F45	Mallow AC	01:29:07	01:30:20
827	Aisling	LAHART	F40	Adele's Eat Train Live	01:28:31	01:30:20
828	Una	NATION	F40		01:29:30	01:30:23
829	Aine	CROSSE	F40		01:28:44	01:30:27
830	Joanne	O'DWYER	F	Happy Feet Blarney	01:29:03	01:30:29
831	Peadar	HEALY	M55		01:28:56	01:30:34
832	Leona	BEHAN	F		01:28:45	01:30:35
833	Andy	LANE	M		01:28:50	01:30:35
834	Paul	NAGLE	M50	Kanturk road runners	01:29:16	01:30:36
835	Orla	FITZGERALD	F		01:28:52	01:30:38
836	Brenda	MCMAHON	F	Ferrybank	01:28:52	01:30:38

837	Shane	KENNY	M		01:29:00	01:30:40
838	Mags	O'NEILL	F40	Eyerics	01:28:55	01:30:41
839	Kenneth	MOORE	M40		01:29:26	01:30:43
840	John	O'CALLAGHAN	M45	Togher AC	01:29:05	01:30:44
841	Valerie	MCCORMACK	F	FITTstop	01:28:50	01:30:47
842	Tracy	DOODY	F40	Mallow AC	01:28:44	01:30:49
843	Triona	RING	F40	Shandrum AC	01:29:23	01:30:55
844	Tara	GUTHRIE	F45	Clonmel AC	01:30:55	01:30:55
845	George	MCDONNELL	M40	Watergrasshill AC	01:28:58	01:30:56
846	John	O'KEEFFE	M40	Kinsale Tri Club	01:29:21	01:30:58
847	John	HANRAHAN	M40	Fota Island RC	01:29:36	01:30:59
848	Anne Marie	DAVIS	F40	Carraig Na bhfear AC	01:29:51	01:31:00
849	Lillian	MOLONEY	F35		01:29:12	01:31:01
850	Margie	O'CONNOR	F	The Churchtown Roadrunners AC	01:29:22	01:31:06
851	Janice	NORTON	F40	Mallow C25K	01:29:08	01:31:09
852	Lisa	GUERIN	F35	Mallow AC	01:29:25	01:31:11
853	Sinead	KENNEDY	F50	Clonmel AC	01:29:24	01:31:17
854	Linda	KELLEHER CAREW	F	Ballintotis Fit4Life	01:29:49	01:31:22
855	Lisa	BARROW	F35	Mallow AC	01:29:48	01:31:23
856	Ber	CAREY	F45	Kilkenny City Harriers	01:30:55	01:31:26
857	Joanne	COUGHLAN	F40		01:30:05	01:31:39
858	Mary	O'CONNELL	F45	Doneraile AC	01:30:11	01:31:45
859	Roisin	O'DWYER	F40	Kilkenny City Harriers	01:30:25	01:31:53
860	Liam	MONAHER	M45	Revolution Cycling	01:30:02	01:31:54
861	Maria	NEVILLE	F45	Parkrun Macroom	01:30:22	01:31:54
862	Alison	DILLON	F40		01:30:07	01:31:55
863	Dorinda	FORDE	F40	Kanturk road runners	01:30:38	01:31:57
864	Claire	SHANNON	F35	Mallow AC	01:29:53	01:31:58
865	Jackie	DILLON	F45	Aer Lingus	01:30:07	01:32:03
866	Shelagh	BUTLER	F40		01:30:17	01:32:06
867	Kate	BRIERLEY	F35	Cobh Tri Club	01:29:57	01:32:10
868	Maeve	LINEHAN	F		01:30:29	01:32:14
869	Shane	COUGHLAN	M40		01:30:17	01:32:15
870	Claire	HEVER	F40	Mallow AC	01:30:18	01:32:18
871	Fionnuala	DINEEN	F55		01:30:14	01:32:23
872	Jacqueline	SLYNE	F40		01:30:25	01:32:26
873	Ashling	CODY	F40	Ballintotis Fit4Life	01:30:57	01:32:29
874	Betty	O'RIORDAN	F60		01:30:58	01:32:29
875	Mary	FOX	F40	Ballintotis Fit4Life	01:30:58	01:32:30
876	Claire	MULLINS	F35	St Finbarrs AC	01:30:47	01:32:33
877	Maire	BOYLE	F40		01:30:37	01:32:34
878	Richard	PRENDIVILLE	M40		01:30:40	01:32:37
879	Susan	SULLIVAN	F35	Fitness solutions	01:31:08	01:32:40
880	Marta	BODENKO	F		01:32:43	01:32:43
881	Anne	O'SULLIVAN	F40		01:31:08	01:32:47
882	Pauline	HANNAFIN	F45	Ballymore Cobh AC	01:32:48	01:32:48
883	Trevor	O'CONNOR	M40	North Cork AC	01:31:14	01:32:53
884	Orlaith	WALSH	F		01:30:52	01:32:54
885	Bridget	LEHANE	F40		01:30:52	01:32:54
886	Thomas	DUCEY	M		01:31:03	01:32:55
887	Yvonne	GOUGH	F50	Togher AC	01:31:20	01:32:59
888	Liz	FOLEY	F45	St Nicholas AC	01:31:07	01:33:01
889	Pam	KENNEDY	F35	Grange Fermoy AC	01:31:10	01:33:03
890	Tony	O'SULLIVAN	M50	Bweeng Trail Blazers	01:30:48	01:33:06
891	Daniel	MORRISSEY	M40	Dromahane Road Runners	01:31:08	01:33:06
892	Willie John	SHEILL	M35		01:32:00	01:33:10
893	Elaine	CROWLEY	F40	Kinsale Tri Club	01:31:30	01:33:13
894	Michelle	MCSWEENEY	F35	Dromahane Road Runners	01:31:18	01:33:16
895	Orla	CUNNANE	F40	Dromahane Road Runners	01:31:17	01:33:16
896	Anne	KEOHANE	F40		01:30:43	01:33:16
897	Barry	O'SULLIVAN	M45	Dromahane Road Runners	01:32:03	01:33:17

898	Denis	CREEDON	M45	Dromahane Road Runners	01:32:02	01:33:18
899	Helen	MEANY	F45	An Bru AC	01:31:25	01:33:19
900	Lucy	KEARNS	F	Ballintotis	01:31:40	01:33:21
901	Eoin	KENNEALLY	M35		01:32:19	01:33:28
902	Leonie	MERRICK	F45	Ballyanley Runners	01:32:26	01:33:31
903	Deirdre	CURTIS	F40	West Muskerry AC	01:31:29	01:33:35
904	Mary	BOYCE	F45	Duhallow AC	01:32:00	01:33:35
905	Jerry	O'CONNELL	M60	Mallow AC	01:31:36	01:33:38
906	Marie	SHEEHAN	F40	St Nicholas AC	01:31:48	01:33:40
907	Kathleen	KELLEHER	F55	Mallow AC	01:31:47	01:33:48
908	Kathleen	CRONIN	F55	Mallow AC	01:31:47	01:33:49
909	Patrick	MCCARTHY	M40	Aghada RC	01:31:14	01:33:51
910	Brian	KAVANAGH	M45	Pat Walsh Running	01:31:15	01:33:51
911	Mary-Clare	HEALY	F45	Grange Fermoy AC	01:32:07	01:33:59
912	Denis	SHEEHAN	M65		01:31:43	01:33:59
913	Etha	MURPHY	F45	St Nicholas AC	01:32:07	01:34:00
914	Caoimhe	O'RIORDAN	F		01:31:30	01:34:01
915	Kate	CROWLEY	F		01:31:30	01:34:02
916	Orla	KAVANAGH	F40	Aer Lingus	01:32:05	01:34:02
917	Oonagh	O'LEARY	F45	Duhallow AC	01:32:17	01:34:08
918	Finbarr	SHEAHAN	M40		01:32:03	01:34:13
919	Sinead	BARRY	F40	An Bru AC	01:32:25	01:34:20
920	Trina	CROWLEY	F35		01:32:48	01:34:23
921	Alan	BEHAN	M		01:32:39	01:34:30
922	Stephen	GALLAGHER	M		01:32:41	01:34:30
923	Sinead	QUINN	F40	Tracton AC	01:32:26	01:34:31
924	Breda	GOOD	F40	Tracton AC	01:32:26	01:34:31
925	Maura	FORDE	F35	Bandon Fit4Life	01:32:34	01:34:32
926	Sinead	ELLIFFE	F35	Bweeng Trail Blazers	01:32:43	01:34:33
927	Gillian	LUCEY	F40	Doneraile AC	01:33:00	01:34:34
928	Tracy	O'SULLIVAN	F40		01:32:53	01:34:36
929	Rose	POWER	F45	West Waterford AC	01:34:37	01:34:37
930	Eillis	HENNESSY	F40	An Bru AC	01:32:45	01:34:40
931	Margaret	MURPHY	F50	Togher AC	01:33:03	01:34:41
932	Gerard	MCSWEENEY	M50	St Nicholas AC	01:32:47	01:34:47
933	Ciara	FALVEY	F40	Bandon Fit4Life	01:32:50	01:34:48
934	Noel	CROWE	M50	Tipperary Wheelers	01:33:08	01:34:50
935	Caroline	ROBINSON	F40	Waterford AC	01:33:19	01:34:56
936	Michael	COOTW	M		01:33:18	01:35:02
937	Sandra	WINTERS	F45		01:32:58	01:35:02
938	Iosla	BREATHNACH	F40	Kerry Crusaders	01:33:25	01:35:07
938	1	KELLIHER	F60		01:33:54	01:35:07
940	Sarah	O'CONNOR	F	St Catherines AC	01:33:13	01:35:14
941	Karen	COLLINS	F40	Buttevant RC	01:32:47	01:35:14
942	Catherine	CONDON	F50	West Waterford AC	01:33:12	01:35:20
943	Niamh	MCCARTHY	F		01:33:34	01:35:23
944	John	O'CONNELL	M		01:33:33	01:35:24
944	Liselle	IRWIN	F		01:33:25	01:35:24
946	Fiona	PATTERSON	F40	Bweeng Trail Blazers	01:33:07	01:35:25
947	Denise	CUNNINGHAM	F40		01:33:15	01:35:27
948	Niamh	O'BRIEN	F40	Mallow AC	01:33:15	01:35:27
949	Amanda	COONEY	F55	Midleton AC	01:34:25	01:35:29
949	Colette	CROWLEY	F35	Wibby Wobby Wonders Cork	01:33:36	01:35:29
951	Pat	MURPHY	M50	Bweeng Trail Blazers	01:33:14	01:35:31
952	Dawn	WALSH	F40	Bweeng Trail Blazers	01:33:16	01:35:32
953	Fatma	BOUKERCHE	F65		01:34:03	01:35:41
954	Noreen	KIELY	F45	FITTstop	01:33:50	01:35:48
955	Tricia	JOYCE	F40	Watergrasshill AC	01:34:08	01:35:49
956	Mark	O'BRIEN	M		01:33:38	01:35:52
957	Marie	LOMVAR	F		01:34:16	01:35:56
958	Maria	CRONIN	F35		01:33:51	01:35:58

959	Simone	COLLINS	F45		01:33:57	01:35:59
960	Annemarie	LENNAHAN	F50		01:33:57	01:35:59
961	Edel	NAGLE	F45		01:34:05	01:36:01
962	Valerie	VAN BALLAER	F		01:33:58	01:36:03
963	Kevin	WALSH	M45		01:34:16	01:36:05
964	Diarmuid	LANE	M40		01:33:54	01:36:15
965	Mari	LYNE	F35	Ballincollig AC	01:34:10	01:36:25
966	Peter	CUNNINGHAM	M35		01:34:11	01:36:25
967	Tara	CUNNINGHAM	F35	Wibby Wobby Wonders Cork	01:34:11	01:36:26
967	Sonya	WALSH	F45	Carraig Na bhfear AC	01:34:19	01:36:26
969	Elizabeth	O'CONNELL	F50	An Bru AC	01:34:32	01:36:26
970	John	MCSWEENEY	M50		01:34:18	01:36:28
971	Anne	DALY	F40	Jolly Joggers	01:34:28	01:36:29
972	Ger	SCANNELL	M45		01:34:49	01:36:37
973	Niamh	CALLANAN	F40	Aghada RC	01:35:02	01:36:38
974	Stephanie	HICKEY	F45	Ballymac Meet and Train	01:35:39	01:36:39
975	Anne-Marie	SHEEHAN	F35		01:34:28	01:36:39
976	Mary	HYLAND	F		01:35:15	01:36:40
977	Mary	VOWLES	F45	Mallow AC	01:34:30	01:36:40
978	Brian	MARTIN	M50	Midleton AC	01:34:36	01:36:44
979	Aileen	FIELD	F35	Mallow AC	01:35:04	01:36:48
980	Deirdre	FIELD O'SULLIVAN	F40		01:35:04	01:36:48
981	Essie	LINEHAN	F		01:34:57	01:36:49
982	Cecelia	CREMIN	F50	Dromahane Road Runners	01:34:53	01:36:51
983	Mary	O'BRIEN	F45	Thurles Crokes	01:34:38	01:36:56
984	Sinead	EDWARDS	F35	Bweeng Trail Blazers	01:35:15	01:37:07
985	Anne Marie	O'DONOVAN	F45	Fota Island RC	01:35:21	01:37:09
986	Marie	CASHMAN	F45		01:35:33	01:37:10
987	Tara	MURPHY	F35	Athletico Burnfort	01:35:20	01:37:14
988	Emma	HUNTER	F	Doneraile AC	01:35:40	01:37:14
989	David	LILLEY	M40	Doneraile AC	01:35:36	01:37:14
989	Aileen	O'KEEFFE	F65	Glanmire	01:35:01	01:37:14
991	Gill	O'CONNELL	F35	Athletico Burnfort	01:35:20	01:37:15
992	Gemma	BARRY	F35		01:34:55	01:37:16
993	Noreen	DINEEN	F		01:34:42	01:37:16
994	Paul	HEFFERNAN	M45	Bweeng Trail Blazers	01:35:08	01:37:25
995	Eileen	FINN	F35	Grange Fermoy AC	01:35:19	01:37:27
996	Martin	O'BRIEN	M40		01:35:42	01:37:27
997	Paul	COLLINS	M40		01:35:32	01:37:27
998	Fiona	O'KEEFFE	F40	Mallow AC	01:35:28	01:37:29
999	Michael	WHALLEY	M45		01:35:37	01:37:30
1000	Ciara	MACCALLUM	F40	Blackwater Tri Club	01:35:46	01:37:32
1001	Neville	SWEETNAM	M	The Churchtown Roadrunners AC	01:34:51	01:37:33
1002	Aisling	O'NEILL	F40	Mallow AC	01:34:59	01:37:34
1003	Gary	O'DONOVAN	M40	Bweeng Trail Blazers	01:35:17	01:37:35
1004	Ciara	O'KEEFFE	F	Buttevant RC	01:35:11	01:37:38
1005	Liam	O'DONNELL	M40	Dromahane Road Runners	01:35:48	01:37:48
1006	Karen	KNOWLES	F35	Midleton AC	01:35:40	01:37:49
1007	Claire	PARKER	F35	Midleton AC	01:35:40	01:37:50
1008	Noelle	SHEAHAN	F45	Dromahane Road Runners	01:35:53	01:37:53
1009	Eithne	BERMINGHAM	F50	Grange Fermoy AC	01:35:59	01:37:55
1010	Ciara	O'CALLAGHAN	F		01:35:47	01:37:57
1011	Deirdre	FAHEY	F50	Clonmel AC	01:35:32	01:38:00
1012	Clare	FORDE	F35	Fota Island RC	01:35:56	01:38:07
1013	Micheal	GREEN	M		01:36:27	01:38:15
1014	Brian	MURPHY	M35	The Churchtown Roadrunners AC	01:35:41	01:38:22
1015	Tony	DUNNE	M75	Grange Fermoy AC	01:36:21	01:38:22
1016	Yvonne	O'CONNOR	F50	Carraig Na bhfear AC	01:36:17	01:38:23
1017	Darren	CURTIN	M40		01:35:49	01:38:25
1018	John	O'LEARY	M75		01:36:38	01:38:35
1019	Angela	O'MAHONY	F45	Grange Fermoy AC	01:36:40	01:38:36

1020	Dawn	O'FARRELL	F45	Grange Fermoy AC	01:36:43	01:38:36
1021	Margaret	NOEL	F40		01:36:42	01:38:37
1022	Catriona	GRADY	F45	St Nicholas AC	01:37:51	01:38:50
1023	Susan	HEFFERNAN	F35	St Nicholas AC	01:37:53	01:38:50
1024	Siobhan	DEMPSEY	F35	Mallow AC	01:36:45	01:38:50
1025	Sinead	CURTIS	F	Portlaoise AC	01:36:45	01:38:54
1026	Roberta	RYAN	F45	Clonmel AC	01:36:29	01:38:58
1027	Claire	COSGRAVE	F	Mallow AC	01:36:54	01:39:00
1028	Lorraine	O'KEEFFE	F40	Thurles Crokes	01:36:51	01:39:08
1029	Fiona	BARRY	F35	Bweeng Trail Blazers	01:37:05	01:39:23
1030	Justine	RUDKIN	F		01:37:24	01:39:29
1031	Nora	KELLEHER	F	Bweeng Trail Blazers	01:37:03	01:39:37
1032	Carmel	O'MAHONY	F60		01:37:05	01:39:37
1033	Niamh	HEFFERNAN	F40		01:38:38	01:39:46
1034	David	ROSENBERG	M45	Mallow AC	01:37:19	01:39:47
1035	Eilish	KINGSTON	F45	Clonakilty Road Runners AC	01:37:20	01:39:47
1036	Carmel	COONEY	F40	Grange Fermoy AC	01:37:42	01:39:49
1037	Kathryn	COSTELLO AHERNE	F35	Mallow AC	01:37:29	01:39:52
1038	Jacinta	WALKER	F50	Ballymore Cobh AC	01:37:48	01:39:53
1039	Ann	DUNNE	F45		01:37:40	01:40:01
1040	Deirdre	GLYNN	F45	Mallow AC	01:37:41	01:40:04
1041	Peter	GAFFNEY	M75	Mallow AC	01:37:43	01:40:06
1042	Martina	LAWTON	F35		01:37:55	01:40:06
1043	Brendan	WHYTE	M40	Carrigtwohill AC	01:38:28	01:40:16
1044	Gillian	O'BRIEN	F45	St Finbarrs AC	01:38:07	01:40:18
1045	Mary	KENNEDY	F40		01:38:37	01:40:18
1046	Karol	SAUNDERS	M35	Mallow AC	01:37:42	01:40:19
1047	John	GOGGIN	M45		01:37:43	01:40:20
1048	Caroline	MURPHY	F45	Bweeng Trail Blazers	01:40:29	01:40:29
1049	Elaine	MURPHY	F40	Bweeng Trail Blazers	01:38:09	01:40:30
1050	Marie	DINEEN	F45	Buttevant RC	01:38:04	01:40:31
1050	Georgina	WHELAN	F35	Buttevant RC	01:38:04	01:40:31
1052	Tony	BELL	M45	Bweeng Trail Blazers	01:40:38	01:40:38
1053	Michelle	GEANEY	F35	Bweeng Trail Blazers	01:40:41	01:40:41
1054	Tom	KIELY	M50		01:38:56	01:40:43
1055	Linda	MORRIS	F40	Mallow AC	01:38:42	01:40:44
1056	Jen	KENNY	F35	Mallow AC	01:39:15	01:40:46
1057	Antoinette	CODY	F35	Ballintotis Fit4Life	01:39:15	01:40:49
1058	Helen	FITZGIBBON	F40	Ballintotis Fit4Life	01:39:07	01:40:49
1059	James	MANSFIELD	M60		01:38:40	01:40:57
1060	Deborah	EGAN	F35	Bweeng Trail Blazers	01:38:39	01:40:59
1061	Louise	GUMBLETON	F45	Ballintotis Fit4Life	01:39:25	01:40:59
1062	Katherine	FARRELL	F35	Ballymore Cobh AC	01:38:36	01:41:03
1063	Patrick	POWER	M35	Ballymore AC	01:41:03	01:41:03
1063	Sinead	POWER	F35		01:38:34	01:41:03
1065	Shirley	TWOMEY	F40	Togher AC	01:38:34	01:41:08
1066	Olivia	CUDDIHY	F35	Adele's Eat Train Live	01:39:25	01:41:14
1067	Janet	O'NEILL	F35	Buttevant RC	01:38:58	01:41:24
1068	Susan	HEALY	F35	Mallow AC	01:41:27	01:41:27
1069	Collette	O'CALLAGHAN	F40	Mallow AC	01:39:57	01:41:27
1070	Karen	BUCKELY	F35	Mallow AC	01:39:24	01:41:28
1071	Jacqueline	O'CALLAGHAN	F35	Dromahane Road Runners	01:39:32	01:41:28
1072	David	KIDNEY	M55		01:39:37	01:41:28
1073	Anne	O'CONNELL	F50	Duhallow AC	01:39:37	01:41:30
1074	Yvonne	MURPHY	F35	Duhallow AC	01:40:12	01:41:36
1075	Linds	MURPHY	F40	Bweeng Trail Blazers	01:39:14	01:41:37
1076	Barbara	LEHANE O'MAHONEY	F35	Mallow AC	01:39:37	01:41:39
1077	Roisin	MCDERMOTT	F50	Clonakilty Road Runners AC	01:41:50	01:41:50
1078	Miriam	O'DONOGHUE	F35	Togher AC	01:40:06	01:41:51
1079	Clodagh	WALSH	F40	Togher AC	01:40:06	01:41:51
1080	Shane	O'CONNELL	M		01:39:33	01:41:51

1081	Lucy	O'CONNELL	F		01:39:33	01:41:51
1082	Paula	LANE	F35		01:40:08	01:41:53
1083	John G	COLLINS	M50		01:40:04	01:42:01
1084	Sinead	CONNOLLY	F45		01:39:37	01:42:05
1085	Margaret	CONWAY	F55	West Waterford AC	01:39:56	01:42:06
1086	Danielle	LINEHAN	F		01:40:35	01:42:08
1087	Angela	TOBIN	F55		01:40:35	01:42:08
1088	Don	BUCKLEY	M45	Wibby Wobby Wonders Cork	01:40:02	01:42:15
1088	Geraldine	MCSWEENEY	F50	St Nicholas AC	01:40:03	01:42:15
1090	Rory	FLAHERTY	M35		01:39:52	01:42:23
1091	Bridgette	FRAHER	F40	Galtee Runners	01:40:45	01:42:49
1092	Emma	O'FARRELL	F		01:41:11	01:42:50
1093	Helena	O'CONNOR	F	Mallow AC	01:43:00	01:43:00
1094	Katherine	MOORE	F40	Cork County Council	01:40:57	01:43:08
1095	Aisling	BREEDY	F35	Galtee Runners	01:41:04	01:43:08
1096	Betty	BROSNAN	F45	Optimal Fitness, Tralee	01:40:38	01:43:11
1097	Denise	O'BRIEN	F	Eagle AC	01:43:14	01:43:14
1098	Jean	MCDONNELL	F40	Mallow AC	01:40:52	01:43:17
1099	Jennifer	DALY	F	Cork Tri Club	01:41:51	01:43:18
1100	Edwina	O'DRISCOLL	F40		01:41:05	01:43:28
1101	Edel	GUMBLETON	F		01:41:37	01:43:39
1102	Mary	COLLINS	F	Watergrasshill AC	01:43:46	01:43:46
1103	Suzanne	CURRAN	F45	Rosscarbery Steamrunners AC	01:41:20	01:43:47
1104	Ellen	FITZGERALD	F	Doneraile AC	01:42:15	01:43:51
1105	Cliomna	GALWAY	F		01:42:16	01:43:51
1106	Aidan	DALTON	M35	St Nicholas AC	01:41:25	01:43:55
1107	Kevin	LYNCH	M50		01:41:42	01:44:05
1108	Catherine	RING	F45	Duhallow AC	01:42:59	01:44:22
1109	Beatrice	KENNEDY	F40	North Cork AC	01:42:01	01:44:27
1110	Caroline	NOONAN	F40		01:42:08	01:44:31
1111	Gerard	O'CONNELL	M55	Liscarroll AC	01:42:07	01:44:39
1112	Orla	LINEHAN	F		01:42:17	01:44:43
1113	Tadgh	HANLEY	M45	Watergrasshill AC	01:42:40	01:44:45
1114	Darryl	PEARSON MOLONEY	F	Mallow AC	01:43:11	01:44:48
1115	Cora	REGAN	F45	St Finbarrs AC	01:43:01	01:45:07
1116	Thomas	DARCY	M40	St Finbarrs AC	01:42:29	01:45:14
1117	Eamonn	DARCY	M40		01:42:29	01:45:14
1118	Kate	MURPHY	F	Duhallow AC	01:43:29	01:45:15
1119	Sean	HEELAN	M40	Kilfinane AC	01:44:24	01:45:46
1119	Patricia	DUGGAN	F	Bweeng Trail Blazers	01:45:46	01:45:46
1121	Kathleen	PRENDERGAST	F50	Watergrasshill AC	01:44:21	01:45:47
1122	Teresa	O'DWYER	F		01:43:40	01:45:49
1123	Deirdre	COLLINS	F40	Bweeng Trail Blazers	01:43:38	01:45:58
1124	Karen	MADDEN	F40	Bweeng Trail Blazers	01:43:38	01:45:58
1125	Geraldine	KENNY	F40		01:43:30	01:45:58
1126	Siobhan	MERRITT	F45	Mallow AC	01:43:40	01:46:04
1127	Margaret	CHAPMAN	F40		01:44:24	01:46:11
1128	Noel	O'RIORDAN	M40	Bweeng Trail Blazers	01:43:57	01:46:15
1129	Eileen	TWOHIG	F60	Duhallow AC	01:44:59	01:46:20
1130	Eilis	BOURKE	F40	Clonakilty Road Runners AC	01:44:27	01:46:29
1131	Siobhan	DALY	F35		01:44:27	01:46:30
1132	Deirdre	O'BRIEN	F	Doneraile AC	01:44:54	01:46:31
1133	Sarah	QUIRKE	F35		01:44:54	01:46:32
1134	David	WALSH	M35		01:44:27	01:46:45
1135	John	COONEY	M		01:44:27	01:46:45
1136	John	O'KEEFFE	M50		01:44:32	01:46:54
1137	Fiona	O'KEEFFE	F45		01:44:34	01:46:56
1138	Jerry	FORDE	M65	Blarney AC	01:47:01	01:47:01
1139	Allen	COTTER	M35	St Nicholas AC	01:45:00	01:47:03
1140	Joan	MCCARTHY	F60	Middleton AC	01:44:58	01:47:06
1141	Marie	O'BRIEN	F40		01:45:40	01:47:09

1142	Richard	O'BRIEN	M45		01:45:41	01:47:09
1143	Maria	GIBBONS	F55		01:45:33	01:47:21
1144	Maurice	JACOB	M60	St Nicholas AC	01:44:56	01:47:25
1145	Fiona	DOODY	F40	North Cork AC	01:45:07	01:47:35
1146	Mary	O'CALLAGHAN	F50	Doneraile AC	01:45:07	01:47:38
1146	Jonathan	DENNEHY	M	Doneraile AC	01:46:02	01:47:38
1148	Mair	O'KEEFFE	F50	Togher AC	01:45:06	01:47:39
1149	Anne	GALVIN	F	Bweeng Trail Blazers	01:45:21	01:47:41
1150	Sarah	PRENDERGAST	F35		01:45:57	01:47:56
1151	Jean	HANLON	F45	North Cork AC	01:45:33	01:48:00
1152	Skirma	VASILAUSKIENE	F	Kanturk road runners	01:46:43	01:48:03
1153	Ellen	MURPHY	FJ	Bweeng Trail Blazers	01:48:05	01:48:05
1153	Deirdre	BYRNE	F35	Happy Feet Blarney	01:45:50	01:48:05
1155	Anne	O'SULLIVAN	F40	Bweeng Trail Blazers	01:45:42	01:48:06
1156	Evelyn	O'SHEA	F		01:45:27	01:48:09
1157	Aileen	O'SHEA	F35		01:45:29	01:48:10
1158	Brian	FLAHERTY	M40		01:45:42	01:48:18
1159	Wayne	O'LEARY	M		01:45:42	01:48:18
1160	Louise	HALL	F35	Happy Feet Blarney	01:46:12	01:48:28
1161	Donncha	MURPHY	M40	Bweeng Trail Blazers	01:46:15	01:48:32
1162	Marie	O'REILLY	F60		01:46:02	01:48:32
1163	Margaret	GILL	F55		01:46:07	01:48:37
1164	Ciara	QUIGNEY	F35		01:46:08	01:48:41
1165	Claire	O'BRIEN	F40	Bweeng Trail Blazers	01:47:00	01:49:19
1166	Cynthia	COYNE	F40		01:47:05	01:49:38
1167	Giovanni	BALDASSINI	M50		01:47:05	01:49:38
1168	Faye	MCKENZIE	F50	Ballintotis Fit4Life	01:47:47	01:50:09
1169	Caitriona	BUCKLEY	F35	Bweeng Trail Blazers	01:48:06	01:50:30
1170	Jocelynn	COUGHLAN	F40	HSE	01:48:21	01:50:30
1171	Michael	COAKLEY	M50	West Waterford AC	01:48:20	01:50:31
1171	Tricia	CULLINANE	F35	West Waterford AC	01:48:23	01:50:31
1173	Anthony	ARCHER	M35		01:48:23	01:50:36
1174	Tony	GORE	M40		01:48:00	01:50:37
1175	Tony	SHERIDAN	M35	Ballinacurra Villagers	01:49:05	01:50:39
1176	Noreen	PATTERSON	F45	St Nicholas AC	01:50:47	01:50:47
1177	Vanessa	HORGAN	F35	Bweeng Trail Blazers	01:48:48	01:51:12
1178	Catherine	NEVILLE	F40		01:48:52	01:51:18
1178	Elaine	O'BRIEN	F40		01:48:52	01:51:18
1180	Nicole	O'DONOVAN	F40	Bweeng Trail Blazers	01:51:25	01:51:25
1181	Olivia	MURPHY	F40	Mallow AC	01:49:02	01:51:27
1182	Ann	MCCARTHY	F55	Doneraile AC	01:51:34	01:51:34
1183	Eilish	FINN	F45		01:49:53	01:51:36
1183	Una	KINGSTON	F40		01:49:53	01:51:36
1185	Theresa	CLEARY	F35	Glounthaune	01:49:11	01:51:41
1186	Joan	LOOBY	F45	St Nicholas AC	01:49:12	01:51:41
1187	Liz	PATTERSON	F50	St Nicholas AC	01:49:21	01:51:49
1188	Claire	LOMASNEY	F35	Grange Fermoy AC	01:49:40	01:52:12
1189	Margaret	O'CONNELL	F40	Ballymore Cobh AC	01:50:06	01:52:17
1190	Claire	DESMOND	F35	Happy Feet Blarney	01:52:53	01:52:53
1191	Olivia	COTTER	F40	Mallow AC	01:50:31	01:53:06
1192	Len	HANRAHAN	M45		01:50:33	01:53:06
1193	Caitriona	GUINANE	F35		01:50:55	01:53:15
1194	Rosarie	O'FLAHERTY	F35	Mallow Mna	01:50:56	01:53:15
1195	Nora	BUCKLEY	F	The Churchtown Roadrunners AC	01:50:35	01:53:15
1196	Marie	GUINEY	F35		01:51:06	01:53:17
1197	Trish	RING	F35	Bweeng Trail Blazers	01:53:34	01:53:34
1198	Kevin	MOORE	M	ICBF	01:51:29	01:53:43
1199	Olivia	LUCEY	F40		01:51:41	01:54:11
1200	Suzanne	KELLY	F45	Aghada RC	01:52:00	01:54:35
1201	Mary	MURPHY	F50	Bweeng Trail Blazers	01:52:50	01:55:13
1202	Denis	FITZGERALD	M		01:53:38	01:55:26

1203	Louise	DALTON	F	St Nicholas AC	01:53:00	01:55:30
1204	Rita	BRODERICK	F50	St Nicholas AC	01:53:01	01:55:31
1205	Marie	BARRY	F35	St Nicholas AC	01:53:01	01:55:31
1206	Helen	O'CALLAGHAN	F	Wibby Wobby Wonders Cork	01:54:05	01:55:57
1207	Emer	O'BRIEN	F		01:55:05	01:56:14
1208	Orla	DESMOND	F35		01:56:48	01:56:48
1209	Dermot	LYNCH	M45	Da fun runners	01:54:23	01:56:52
1210	Cathal	KEOHABE	M35	Cork Mental Health AC	01:54:47	01:57:18
1211	Linda	GILROY	F40	Aghada RC	01:54:52	01:57:26
1212	Una	MARTIN	F40	Aghada RC	01:54:52	01:57:26
1213	Miriam	TROY	F45	Ballintotis Fit4Life	01:55:05	01:57:27
1214	Rachel	KELLWHER	F45	Wibby Wobby Wonders Cork	01:55:22	01:57:34
1215	Mary	HEALY	F55	Wibby Wobby Wonders Cork	01:55:27	01:57:40
1216	Joanne	CASEY	F35	Buttevant RC	01:55:23	01:57:49
1217	Caroline	O'CALLAGHAN	F45	Mallow AC	01:55:51	01:58:15
1218	Cat	RING	F		01:56:13	01:58:21
1219	Liz	HARTNETT	F50		01:56:38	01:58:45
1220	Angela	KELLEHER	F40		01:56:30	01:59:02
1221	Mairéad	MORRISSEY	F35		01:59:03	01:59:03
1222	Judi	BAKER	F55	Grange Fermoy AC	01:56:51	01:59:23
1223	Joanne	DAWSON	F45	Wibby Wobby Wonders Cork	02:00:43	02:00:43
1224	Angie	MCSWEENEY	F40	Bweeng Trail Blazers	01:58:21	02:00:46
1225	Janet	DALES	F50	Bweeng Trail Blazers	01:58:24	02:00:49
1226	Siobhan	HEFFERNAN	F40	Bweeng Trail Blazers	01:58:26	02:00:50
1227	Alan	BURCHELL	M55		01:58:35	02:01:01
1228	Gavin	COLEMAN	M45	Parkrun Macroom	01:59:42	02:02:05
1229	Niamh	NÍ LIATHÁIN	F45	Grange Fermoy AC	02:00:36	02:02:44
1230	Isabelle	WALSH	F50	St Nicholas AC	02:03:23	02:03:23
1231	Ger	HEALY	M40	Jolly Joggers	02:03:37	02:06:10
1232	Maggie	DUNNE	F70	Grange Fermoy AC	02:03:52	02:06:25
1233	Caroline	O'REGAN	F	Bweeng Trail Blazers	02:06:04	02:08:30
1233	Cecilia	O'CONNELL	F40	Bweeng Trail Blazers	02:06:05	02:08:30
1235	Carmel	GEANEY	F45	Bweeng Trail Blazers	02:06:24	02:08:50
1236	Sheila	MURPHY	F40	Bweeng Trail Blazers	02:06:24	02:08:50
1237	Amanda	BUCKLEY	F40		02:06:52	02:09:28
1238	Mary	AHERN CASEY	F55		02:08:41	02:09:37
1238	Catherine	LINEHAN	F40		02:07:01	02:09:37
1240	Yvonne	CREMIN	F40	Grange Fermoy AC	02:09:14	02:11:28
1241	Thomas	THORNTON	M		02:11:49	02:14:33