

**Results for All Competitors in finish order.**

Place	Time	Name	Team	Race Age Category	Pace min/mile	Race No	Race Place
1	0:32:29	BRALITIS, Sandis	Ballynonty AC	M	05:13.5	37	1
2	0:33:48	GRIFFIN, John	Tralee AC	M45	05:26.3	67	2
3	0:35:09	RYAN, James	Nenagh Olympic AC	M40	05:39.3	19	3
4	0:35:36	LAFFON, Tom	Bandon AC	M	05:43.6	27	4
5	0:35:43	SMITH, Dan	Ballynonty AC	M	05:44.8	11	5
6	0:35:57	O'CONNOR, Brian	Grange-Fermoy AC	M	05:47.0	64	6
7	0:36:27	SIMCOX, Shane	North Cork AC	M	05:51.8	23	7
8	0:36:28	KAVANAGH, Peter	St. Finbarr's AC	M	05:52.0	40	8
9	0:36:43	MORIARTY, Joe	Desmond Currans AC	M	05:54.4	66	9
10	0:36:46	MULCAHY, Ken	Cork	M	05:54.9	81	10
11	0:37:03	O'CALLAGHAN, Dave	Eagle AC	M40	05:57.6	85	11
12	0:37:21	HORAN, David	Gneeveguilla AC	M	06:00.5	72	12
13	0:37:29	BULMAN, Mark	Donoughmore AC	M40	06:01.8	28	13
14	0:37:49	AHERNE, Neilus	Midleton AC	M45	06:05.0	36	14
15	0:37:53	O'SULLIVAN, Joe	Bandon AC	M40	06:05.7	54	15
16	0:38:11	VAUGHAN, Donal	Rising Sun AC	M40	06:08.6	45	16
17	0:38:14	HOMER, Fred	Dudley A.C	M60	06:09.1	53	17
18	0:38:26	GUNNING, Peter	Midleton AC	M45	06:11.0	65	18
19	0:38:31	HUFF, Tony	Ballynonty AC	M50	06:11.8	10	19
20	0:38:40	MCCARTHY, Eugene	Inchigeela	M	06:13.2	3	20
21	0:39:03	CARROLL, Denis	Eagle AC	M45	06:16.9	68	21
22	0:39:08	SWEENEY, Mary	St. Finbarr's AC	F40	06:17.7	168	22
23	0:39:15	O'REILLY, Martin	St. Finbarr's AC	M	06:18.9	24	23
24	0:39:18	KENNEDY, Robert	Dingle	M	06:19.4	15	24
25	0:39:37	KEANE, Vincent	Dingle	M	06:22.4	16	25
26	0:39:50	DUNNE, Michael	St. Finbarr's AC	M55	06:24.5	51	26
27	0:39:53	GEARY, Linda	Midleton AC	F	06:25.0	166	27
28	0:40:19	HAND, Sam	West Limerick AC	MJ	06:29.2	32	28
29	0:40:23	O'NEILL, Owen	Carrigwohill	M	06:29.8	2	29
30	0:40:42	FINNEGAN, Timmy	Mallow AC	M	06:32.9	71	30
31	0:40:54	MCCARTHY, Malachy	West Limerick AC	M45	06:34.8	46	31
32	0:41:05	WALSHE, John	East Cork AC	M50	06:36.6	44	32
33	0:41:07	SHEEHAN, Denis	Mallow AC	M40	06:36.9	14	33
34	0:41:16	O'SULLIVAN, Martin	Ballincollig AC	M50	06:38.3	30	34
35	0:41:29	LINEHAN, Barry	Mallow AC	M50	06:40.4	76	35
36	0:41:36	BYRNE, Aoife	Menapians	F	06:41.6	173	36
37	0:41:38	TWOMEY, Donal	West Muskerry	M	06:41.9	26	37
38	0:41:50	MOYNA, Kate	Riocht AC	F40	06:43.8	155	38
39	0:42:13	COLLINS, Trevor	Naas	M	06:47.5	12	39
40	0:42:23	DUGGAN, Loretta	St. Mary's	F	06:49.1	165	40
41	0:42:38	COTTER, Dave	Belgooly AC	M55	06:51.5	17	41
42	0:42:58	TWOMEY, JERRY	Duhallow AC	M45	06:54.8	73	42
43	0:43:14	MEEHAN, Ger	Tulla AC	M40	06:57.3	56	43
44	0:43:30	MURPHY, Mary	St. Finbarr's AC	F40	06:59.9	167	44
45	0:43:43	FINN, Mary	Millstreet AC	F40	07:02.0	178	45
46	0:43:47	CURTIS, Padder	Mallow AC	M50	07:02.6	8	46
47	0:44:03	DORE, Jamie	Kilmallock	M55	07:05.2	52	47
48	0:44:16	O'SULLIVAN, Sean	Ballymacoda	M	07:07.3	57	48
49	0:44:19	NEVILLE, Martin	Mallow AC	M	07:07.8	21	49
50	0:44:25	MCCARTHY, Cillian	Midleton AC	MJ	07:08.8	43	50
51	0:44:26	O'CONNOR, John	Slaney Olymic	M	07:08.9	22	51
52	0:44:59	LE ROCQUE, Paul	F.M.R.C.	M	07:14.2	69	52
53	0:45:06	SHINE, Donie	Duhallow AC	M50	07:15.4	74	53
54	0:45:08	BENT, Nick	Donoughmore AC	M40	07:15.7	38	54
55	0:45:12	SMITH, Tim	Eagle AC	M40	07:16.3	35	55
56	0:45:27	O'LEARY, John	Leevale AC	M65	07:18.7	39	56
57	0:45:30	COMYN, Lorna	Liscarroll	FJ	07:19.2	151	57

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58	0:45:32	DALY, Francis	Tralee AC	M45	07:19.5	58	58
59	0:45:41	SISK, Bernard	Cork BHAA	M55	07:21.0	61	59
60	0:45:49	O'MAHONEY, Kevin	Launceston	M60	07:22.3	55	60
61	0:45:51	LINEHAN, John	Mallow AC	M	07:22.6	6	61
62	0:45:55	MC CARTHY, Danny	Midleton AC	M55	07:23.2	42	62
63	0:46:09	HORGAN, Anthony	Eagle AC	M	07:25.5	18	63
64	0:46:14	COLLINS, Niall	Naas	M	07:26.3	13	64
65	0:46:27	KELLEHER, Edel	Eagle AC	F35	07:28.4	163	65
66	0:46:31	O'NEIL, Karen	Limerick	F	07:29.0	156	66
67	0:46:32	O'BRIEN, Aoibheann	Limerick	F	07:29.2	157	67
68	0:46:35	HORAN, Helen	Gneeveguilla AC	F40	07:29.7	177	68
69	0:46:46	CURTIN, Eugene	Mallow AC	M	07:31.4	7	69
70	0:47:01	WEBB, George	Rising Sun AC	M60	07:33.9	41	70
71	0:47:13	PRUDDENE, Lee	Bedford-Harriers	M45	07:35.8	5	71
72	0:47:29	BUCKLEY, Aidan	Eagle AC	M40	07:38.4	70	72
73	0:47:35	KEARNEY, Batt	Leevale AC	M45	07:39.3	49	73
74	0:47:40	LYONS, Marion	St. Finbarr's AC	F50	07:40.1	172	74
75	0:47:48	COONEY, Tony	Ballincollig	M45	07:41.4	29	75
76	0:48:17	BYRNE, James	Mallow AC	M50	07:46.1	77	76
77	0:48:30	O'MAHONEY, John	UCC BHAA	M65	07:48.2	63	77
78	0:48:39	HENNESSY, Mick	West Limerick AC	M60	07:49.6	50	78
79	0:49:00	TWOHIG, Flor	Eagle AC	M40	07:53.0	78	79
80	0:49:01	KARLEY, Sheila	Riocht AC	F35	07:53.2	159	80
81	0:49:12	ROHAN, Margaret	Midleton AC	F45	07:54.9	174	81
82	0:49:31	MCCARTHY, Michael	Waterford AC	M45	07:58.0	47	82
83	0:49:43	O'CALLAGHAN, Barry	Mallow AC	M	07:59.9	48	83
84	0:49:44	CORBETT, Denis	Mallow AC	M	08:00.1	59	84
85	0:49:44	O'REILLY, Deirdre	Cork Tri-Ath	F40	08:00.1	171	85
86	0:49:55	QUIGLEY, John	Eagle AC	M50	08:01.9	79	86
87	0:51:06	O'DONOVAN, Annette	Limerick AC	F	08:13.3	179	87
88	0:51:17	CRONIN, Kathleen	Mallow AC	F40	08:15.0	161	88
89	0:51:18	BUCKLEY, Tim Joe	Donoughmore AC	M50	08:15.2	33	89
90	0:51:25	MURPHY, Maurice	Mallow AC	M	08:16.3	20	90
91	0:51:26	KENNEDY, Michael	Mallow AC	M40	08:16.5	62	91
92	0:51:48	HORAN, Anne	Gneeveguilla AC	F	08:20.0	176	92
93	0:51:50	GALVIN, Patrick	North Cork AC	M65	08:20.4	34	93
94	0:52:25	DUNNE, Tony	Grange-Fermoy AC	M60	08:26.0	60	94
95	1:53:29	O'BRIAN, Colin	Mallow AC	MJ	18:15.5	25	95
96	0:54:17	DUNNE, Maggie	Grange-Fermoy AC	F60	08:44.0	170	96
97	0:54:37	BEAUSANG, Margaret	Midleton AC	F45	08:47.2	175	97
98	0:54:52	TARPEY, Verena	Limerick AC	F	08:49.6	162	98
99	0:55:46	COLLINS, Siobhan	Gneeveguilla AC	F	08:58.3	160	99
100	0:56:05	CUMMINS, Kevin	Cork BHAA	M60	09:01.4	80	100
101	0:57:03	O'CALLAGHAN, Dave	Mallow AC	M	09:10.7	75	101
102	0:57:35	NAGLE, John	Mallow AC	M40	09:15.9	9	102
103	0:58:16	MCCARTHY, Joan	Midleton AC	F45	09:22.5	164	103
104	0:58:29	HILLARD, Julie	Riocht AC	F50	09:24.6	158	104
105	1:02:48	MEAGHER, Noreen	Limerick AC	F35	10:06.2	154	105
106	1:02:55	CURTAIN, Marian	Mallow AC	F40	10:07.4	169	106
107	1:02:56	TWOHIG, Ted	Donoughmore AC	M	10:07.5	31	107
108	1:13:32	AYTON, Lyn	Bedford-Harriers	F40	11:49.8	153	108
109	1:14:48	HOLMES, June	Bedford-Harriers	F55	12:02.1	152	109
110	1:18:58	KEENAN, Jack	Bedford-Harriers	M60	12:42.3	4	110

There were 110 finishers in the All Competitors category.