

Mallow SMC Fri 13 April 2007.

Pos	No	Time	Name	Club	F/M	Category
1	165	00:26:58	Sosnowski, Wieslaw	Eagle	M	S
2	103	00:27:43	Smith, Danny	Ballynonty	M	S
3	178	00:28:04	Leniston, Jonathan	Gneeveguilla	M	J
4	118	00:28:11	Simcox, Shane	Mallow AC	M	S
5	106	00:28:23	Meed, Eric	East Cork	M	40
6	171	00:28:44	Keely, Tony	Dublin	M	40
7	139	00:29:01	O'Driscoll, James	Skibbereen AC	M	J
8	148	00:29:05	Donovan, Barry	Ballincollig	M	S
9	104	00:29:54	Huff, Tony	Ballynonty	M	50
10	137	00:29:54	Parnell, Carmel	Leevale	F	S
11	141	00:30:06	Vaughan, Donal	Rising Sun	M	40
12	133	00:30:09	Carroll, Denis	Eagle	M	45
13	121	00:30:11	O'Sullivan, John	Bandon	M	S
14	119	00:30:39	O'Sullivan, Ian	East Cork	M	S
15	100	00:31:04	Harkin, Paddy	St. Finbarrs AC	M	S
16	140	00:31:20	Barry, Fergal	Newmarket	M	S
17	173	00:31:28	Mcmahon, Ronan	Ballincollig	M	S
18	156	00:31:32	Mcdonnell, Edward	Mallow AC	M	S
19	109	00:31:51	O'Leary, Eoghan	Bandon	M	S
20	131	00:31:57	Sweeney, Mary	St. Finbarrs AC	F	45
21	159	00:32:39	O'Callaghan, David	Eagle	M	S
22	134	00:32:49	Keane, Ger	Riocht	M	40
23	138	00:32:55	Flabuan, Diarmuid	Cork	M	S
24	101	00:32:56	Murphy, Pat	Ballymore Cobh	M	40
25	123	00:32:57	Ahern, Joe	Bilboa	M	50
26	117	00:33:01	Ramsell, Ned	Midleton	M	40
27	150	00:33:03	Quigley, John	Eagle	M	50
28	135	00:33:16	Murphy, Humphrey	Riocht	M	40
29	114	00:33:17	Hanrahan, Roy	Midleton	M	S
30	105	00:33:35	Meehan, Ger	Tulla	M	45
31	116	00:33:45	Boag, Kevin	Mallow AC	M	45
32	164	00:33:48	O'Leary, Liam	St. Finbarrs AC	M	60
33	160	00:33:56	Finn, Mary	Millstreet	F	S
34	143	00:33:58	O'Callaghan, Brian	Cork	M	S
35	111	00:34:02	Copithorne, Joe	St. Finbarrs AC	M	50
36	122	00:34:09	Duggan, Loretta	St. Marys	F	S
37	157	00:34:36	O'Callaghan, Barry	Mallow AC	M	S
38	167	00:34:44	O'Brien, Tony	Ballincollig	M	S
39	112	00:34:49	Cronin, Denis	Mallow AC	M	40
40	120	00:34:58	Connolly, Tom	Mallow AC	M	S
41	102	00:35:10	Cotter, Dave	BHAA	M	55
42	158	00:35:13	Mckernan, Eoghan	Cork	M	S
43	168	00:35:15	O'Sullivan, Martin	Ballincollig	M	50
44	179	00:35:17	O'Connell, Mary	Gneeveguilla	F	S
45	170	00:35:27	O'Hanlon, Coleman	Mallow AC	M	S
46	125	00:35:41	O'Connell, Paul	Cork	M	S
47	107	00:35:53	Birmingham, Paudie	Charleville	M	S
48	132	00:36:19	Murphy, Mary	St. Finbarrs AC	F	45
49	145	00:36:20	Gyves, Mark	Mallow AC	M	S

50	129	00:36:24	Mccarthy, Danny	Midleton	M	55
51	169	00:36:29	Cooney, Tony	Ballincollig	M	50
52	128	00:37:02	Walsh, John	East Cork	M	55
53	180	00:37:03	Mccarthy, Michael	West Waterford	M	45
54	127	00:37:07	O'Mahoney, John	UCC BHAA	M	65
55	110	00:37:17	Boyd, Lina	St. Finbarrs AC	F	40
56	126	00:37:29	O'Connell, Vincent	Cork	M	S
57	182	00:37:33	Shine, Donie	Duhallow	M	50
58	147	00:38:16	Mantan, Paul	Mallow AC	M	40
59	181	00:38:35	Kearney, Batt	Leevale	M	45
60	174	00:39:14	Flynn, Nora	Gneeveguilla	F	40
61	130	00:39:52	Mulcahy, Mary	St. Finbarrs AC	F	40
62	144	00:40:05	O'Callaghan, Niall	Cork	M	S
63	142	00:40:57	Webb, George	Rising Sun	M	65
64	172	00:42:08	Dukelow, Belinda	Midleton	F	S
65	108	00:42:34	Caball, Billy	Cork	M	60
66	136	00:46:59	Cummins, Kevin	Cork BHAA	M	60
67	166	00:51:12	Cronin, Kathleen	Mallow AC	F	40
68	124	00:51:12	Sheehan, Angela	Mallow AC	F	45
69	115	00:55:49	Howe, Garry	Cork	M	40

## Final Results

### Male

1	165	0:26:58	SOSNOWSKI	WIESLAW	Eagle	M	S
2	103	0:27:43	SMITH	DANNY	Ballynonty	M	S
3	178	0:28:04	LENISTON	JONATHAN	Gneeveguilla	M	J
4	118	0:28:11	SIMCOX	SHANE	Mallow AC	M	S

### Female

10	137	0:29:54	PARNELL	CARMEL	Leevale St. Finbarrs	F	S
20	131	0:31:57	SWEENEY	MARY	AC	F	45
33	160	0:33:56	FINN	MARY	Millstreet	F	S
36	122	0:34:09	DUGGAN	LORETTA	St. Marys	F	S

### M 40

5	106	0:28:23	MEED	ERIC	East Cork	M	40
6	171	0:28:44	KEELY	TONY	Dublin	M	40
11	141	0:30:06	VAUGHAN	DONAL	Rising Sun	M	40
22	134	0:32:49	KEANE	GER	Riocht	M	40

### M 45

12	133	0:30:09	CARROLL	DENIS	Eagle	M	45
30	105	0:33:35	MEEHAN	GER	Tulla	M	45